

# Journée Régionale Yaouanc - Plot 3 - LOUDÉAC (FRA)

Type : Compétitions Régionales diverses - BRETAGNE  
Le Dimanche 24 Mars 2019 - Bassin de : 25 m.

Note : si vous disposez d'une connection internet, en cliquant sur le titre d'une épreuve, vous pouvez accéder directement sur le détail de cette épreuve du site fédéral.

## 100 Nage Libre Dames - Séries (Dimanche 24 Mars 2019)

|                                          |                               |                                              |                                |
|------------------------------------------|-------------------------------|----------------------------------------------|--------------------------------|
| 1 RIVIERE--BOS Jehanne (2006) F FRA      | CN BREST                      | 50 m : 32.84 (32.84) 100 m : 1:06.78 (33.94) | <b>01:06.78</b> <b>886 pts</b> |
| 2 BELLEC Lou-Ann (2006) F FRA            | ECN CHARTRES-DE-BRETAGNE      | 50 m : 32.40 (32.40) 100 m : 1:07.68 (35.28) | <b>01:07.68</b> <b>859 pts</b> |
| 3 PANHALEUX Klervie (2006) F FRA         | C REDON NATATION              | 50 m : 33.57 (33.57) 100 m : 1:09.57 (36.00) | <b>01:09.57</b> <b>802 pts</b> |
| 4 TREGOUET Elorya (2006) F FRA           | OLYMPIQUE CLUB CESSON-SÉVIGNÉ | 50 m : 33.66 (33.66) 100 m : 1:09.85 (36.19) | <b>01:09.85</b> <b>794 pts</b> |
| 5 GIBIELLE Lauryne (2006) F FRA          | CARHAIX NATATION              | 50 m : 33.71 (33.71) 100 m : 1:10.24 (36.53) | <b>01:10.24</b> <b>782 pts</b> |
| 6 MEIGNEN-RETHO Justine (2007) F FRA     | CN VANNES                     | 50 m : 34.17 (34.17) 100 m : 1:10.42 (36.25) | <b>01:10.42</b> <b>777 pts</b> |
| 7 DESPINASSE Clemence (2006) F FRA       | UNION QUIMPER NATATION        | 50 m : 33.00 (33.00) 100 m : 1:10.53 (37.53) | <b>01:10.53</b> <b>774 pts</b> |
| 8 PELARD Sara (2006) F FRA               | LORIENT NATATION              | 50 m : 35.12 (35.12) 100 m : 1:11.35 (36.23) | <b>01:11.35</b> <b>750 pts</b> |
| 9 LERAY Lucille (2006) F FRA             | ST-MALO NATATION              | 50 m : 34.30 (34.30) 100 m : 1:12.55 (38.25) | <b>01:12.55</b> <b>716 pts</b> |
| 10 MAURICE Margaux (2007) F FRA          | CN VANNES                     | 50 m : 35.86 (35.86) 100 m : 1:12.67 (36.81) | <b>01:12.67</b> <b>713 pts</b> |
| 11 LE SAUX Carla (2006) F FRA            | CNP LOUDÉAC                   | 50 m : 35.40 (35.40) 100 m : 1:13.51 (38.11) | <b>01:13.51</b> <b>690 pts</b> |
| 11 CORNILLET COCHET Louna (2007) F FRA   | C PAUL-BERT RENNES            | 50 m : 35.14 (35.14) 100 m : 1:13.51 (38.37) | <b>01:13.51</b> <b>690 pts</b> |
| 13 COUROT Elodie (2006) F FRA            | UNION QUIMPER NATATION        | 50 m : 34.97 (34.97) 100 m : 1:13.78 (38.81) | <b>01:13.78</b> <b>683 pts</b> |
| 14 JULIAN Philippine (2008) F FRA        | C PAUL-BERT RENNES            | 50 m : 35.50 (35.50) 100 m : 1:14.15 (38.65) | <b>01:14.15</b> <b>673 pts</b> |
| 15 ABEGG BOURGEOIS Mathilde (2006) F FRA | C REDON NATATION              | 50 m : 35.24 (35.24) 100 m : 1:14.49 (39.25) | <b>01:14.49</b> <b>663 pts</b> |
| 16 JAFFRET Alexia (2006) F FRA           | CN GUINGAMP                   | 50 m : 35.62 (35.62) 100 m : 1:14.91 (39.29) | <b>01:14.91</b> <b>652 pts</b> |
| 17 BOURDON Marie-Alix (2006) F FRA       | C PAUL-BERT RENNES            | 50 m : 36.51 (36.51) 100 m : 1:14.95 (38.44) | <b>01:14.95</b> <b>651 pts</b> |
| 18 EMERAUD Carla (2006) F FRA            | UN PLOËRMEL                   | 50 m : 35.96 (35.96) 100 m : 1:14.97 (39.01) | <b>01:14.97</b> <b>651 pts</b> |
| 19 LAMY Ysée (2007) F FRA                | C PAUL-BERT RENNES            | 50 m : 37.53 (37.53) 100 m : 1:15.02 (37.49) | <b>01:15.02</b> <b>649 pts</b> |
| 20 CONTOUR Emma (2007) F FRA             | CN CHÂTEAULIN                 | 50 m : 35.80 (35.80) 100 m : 1:15.03 (39.23) | <b>01:15.03</b> <b>649 pts</b> |
| 21 VOSGHIE Maella (2008) F FRA           | DINARD OLYMPIQUE N            | 50 m : 36.34 (36.34) 100 m : 1:15.58 (39.24) | <b>01:15.58</b> <b>635 pts</b> |
| 22 LAGREE Meline (2006) F FRA            | CN FOUGÈRES                   | 50 m : 36.56 (36.56) 100 m : 1:15.65 (39.09) | <b>01:15.65</b> <b>633 pts</b> |
| 23 LE ROUX Garance (2006) F FRA          | LES NAGEURS DES 3 RIVIERES    | 50 m : 36.34 (36.34) 100 m : 1:15.82 (39.48) | <b>01:15.82</b> <b>628 pts</b> |
| 24 JONCOUR Justine (2006) F FRA          | UNION QUIMPER NATATION        | 50 m : 37.44 (37.44) 100 m : 1:16.38 (38.94) | <b>01:16.38</b> <b>614 pts</b> |
| 25 PIRODDI-MORVAN Marie (2006) F FRA     | CN CONCARNEAU                 | 50 m : 35.87 (35.87) 100 m : 1:16.41 (40.54) | <b>01:16.41</b> <b>613 pts</b> |
| 26 LE BODIC Morgann (2006) F FRA         | LANVAUX OC GRANDCHAMP         | 50 m : 36.90 (36.90) 100 m : 1:16.78 (39.88) | <b>01:16.78</b> <b>603 pts</b> |
| 27 MARION Maewenn (2006) F FRA           | UN PLOËRMEL                   | 50 m : 37.34 (37.34) 100 m : 1:17.65 (40.31) | <b>01:17.65</b> <b>581 pts</b> |

## 200 Nage Libre Dames - Séries (Dimanche 24 Mars 2019)

|                                     |                          |                                                                                              |                                |
|-------------------------------------|--------------------------|----------------------------------------------------------------------------------------------|--------------------------------|
| 1 MALIVET Nolwenn (2006) F FRA      | PLOEMEUR NATATION        | 50 m : 32.68 (32.68) 100 m : 1:09.69 (37.01) 150 m : 1:47.72 (38.03) 200 m : 2:24.78 (37.06) | <b>02:24.78</b> <b>912 pts</b> |
| 2 LAGREE Chloé (2006) F FRA         | CN FOUGÈRES              | 50 m : 33.22 (33.22) 100 m : 1:10.41 (37.19) 150 m : 1:48.66 (38.25) 200 m : 2:26.35 (37.69) | <b>02:26.35</b> <b>890 pts</b> |
| 3 BIDEAU Evy (2007) F FRA           | C PAUL-BERT RENNES       | 50 m : 33.82 (33.82) 100 m : 1:10.75 (36.93) 150 m : 1:49.14 (38.39) 200 m : 2:27.00 (37.86) | <b>02:27.00</b> <b>881 pts</b> |
| 4 GAZZERA Ambre (2006) F FRA        | CN BREST                 | 50 m : 33.68 (33.68) 100 m : 1:11.81 (38.13) 150 m : 1:50.56 (38.75) 200 m : 2:27.45 (36.89) | <b>02:27.45</b> <b>875 pts</b> |
| 5 BENFRAJ Myriam (2006) F FRA       | DINAN NATATION SAUVETAGE | 50 m : 34.17 (34.17) 100 m : 1:12.34 (38.17) 150 m : 1:50.81 (38.47) 200 m : 2:27.56 (36.75) | <b>02:27.56</b> <b>874 pts</b> |
| 6 RIVIERE--BOS Jehanne (2006) F FRA | CN BREST                 | 50 m : 34.92 (34.92) 100 m : 1:12.21 (37.29) 150 m : 1:50.35 (38.14) 200 m : 2:27.57 (37.22) | <b>02:27.57</b> <b>874 pts</b> |
| 7 AUDUTEAU Morgane (2006) F FRA     | DOUARNENEZ NATATION      | 50 m : 33.93 (33.93) 100 m : 1:12.24 (38.31) 150 m : 1:51.62 (39.38) 200 m : 2:30.93 (39.31) | <b>02:30.93</b> <b>829 pts</b> |

## Journée Régionale Yaouanc - Plot 3 - LOUDÉAC (FRA)

Type : Compétitions Régionales diverses - BRETAGNE  
Le Dimanche 24 Mars 2019 - Bassin de : 25 m.

### 200 Nage Libre Dames - Séries (suite)

- 8 BELLEC Lou-Ann (2006) F FRA
- 9 LE BOULCH Léa (2006) F FRA
- 10 PELARD Sara (2006) F FRA
- 11 BONIFAS Marie-Ange (2006) F FRA
- 12 MAURICE Margaux (2007) F FRA
- 13 STRULLU Jade (2007) F FRA
- 14 COUROT Elodie (2006) F FRA
- 15 LAMY Ysée (2007) F FRA
- 16 GAUDAIRE Lou-Ann (2006) F FRA
- 17 BOURDON Marie-Alix (2006) F FRA
- 18 EMERAUD Carla (2006) F FRA
- 19 DREAN Marie (2007) F FRA
- 20 LE PAPE Maeva (2006) F FRA
- 21 JAFFRET Alexia (2006) F FRA
- 22 MARION Maewenn (2006) F FRA
- 23 PIRODDI-MORVAN Marie (2006) F FRA

|                                                                                              |                 |                |
|----------------------------------------------------------------------------------------------|-----------------|----------------|
| <b>ECN CHARTRES-DE-BRETAGNE</b>                                                              | <b>02:31.46</b> | <b>822 pts</b> |
| 50 m : 34.24 (34.24) 100 m : 1:12.17 (37.93) 150 m : 1:51.81 (39.64) 200 m : 2:31.46 (39.65) |                 |                |
| <b>CN GUINGAMP</b>                                                                           | <b>02:35.94</b> | <b>763 pts</b> |
| 50 m : 36.59 (36.59) 100 m : 1:17.25 (40.66) 150 m : 1:58.16 (40.91) 200 m : 2:35.94 (37.78) |                 |                |
| <b>LORIENT NATATION</b>                                                                      | <b>02:38.56</b> | <b>731 pts</b> |
| 50 m : 36.12 (36.12) 100 m : 1:16.90 (40.78) 150 m : 1:58.78 (41.88) 200 m : 2:38.56 (39.78) |                 |                |
| <b>DINAN NATATION SAUVETAGE</b>                                                              | <b>02:40.14</b> | <b>711 pts</b> |
| 50 m : 36.18 (36.18) 100 m : 1:16.62 (40.44) 150 m : 1:58.54 (41.92) 200 m : 2:40.14 (41.60) |                 |                |
| <b>CN VANNES</b>                                                                             | <b>02:41.63</b> | <b>693 pts</b> |
| 50 m : 37.30 (37.30) 100 m : 1:18.59 (41.29) 150 m : 2:01.20 (42.61) 200 m : 2:41.63 (40.43) |                 |                |
| <b>DOUARNENEZ NATATION</b>                                                                   | <b>02:42.55</b> | <b>682 pts</b> |
| 50 m : 36.78 (36.78) 100 m : 1:18.29 (41.51) 150 m : 2:01.10 (42.81) 200 m : 2:42.55 (41.45) |                 |                |
| <b>UNION QUIMPER NATATION</b>                                                                | <b>02:42.70</b> | <b>680 pts</b> |
| 50 m : 36.60 (36.60) 100 m : 1:17.33 (40.73) 150 m : 2:00.70 (43.37) 200 m : 2:42.70 (42.00) |                 |                |
| <b>C PAUL-BERT RENNES</b>                                                                    | <b>02:42.93</b> | <b>677 pts</b> |
| 50 m : 38.53 (38.53) 100 m : 1:19.81 (41.28) 150 m : 2:03.14 (43.33) 200 m : 2:42.93 (39.79) |                 |                |
| <b>CERCLE DES NAGEURS ST-BRIEUC</b>                                                          | <b>02:44.49</b> | <b>659 pts</b> |
| 50 m : 38.06 (38.06) 100 m : 1:21.02 (42.96) 150 m : 2:04.54 (43.52) 200 m : 2:44.49 (39.95) |                 |                |
| <b>C PAUL-BERT RENNES</b>                                                                    | <b>02:45.44</b> | <b>647 pts</b> |
| 50 m : 37.80 (37.80) 100 m : 1:19.79 (41.99) 150 m : 2:03.06 (43.27) 200 m : 2:45.44 (42.38) |                 |                |
| <b>UN PLOËRMEL</b>                                                                           | <b>02:46.52</b> | <b>635 pts</b> |
| 50 m : 38.03 (38.03) 100 m : 1:20.28 (42.25) 150 m : 2:04.66 (44.38) 200 m : 2:46.52 (41.86) |                 |                |
| <b>LORIENT NATATION</b>                                                                      | <b>02:48.74</b> | <b>609 pts</b> |
| 50 m : 35.44 (35.44) 100 m : 1:18.75 (43.31) 150 m : 2:04.56 (45.81) 200 m : 2:48.74 (44.18) |                 |                |
| <b>LANNION NATATION</b>                                                                      | <b>02:50.86</b> | <b>586 pts</b> |
| 50 m : 38.75 (38.75) 100 m : 1:23.90 (45.15) 150 m : 2:09.11 (45.21) 200 m : 2:50.86 (41.75) |                 |                |
| <b>CN GUINGAMP</b>                                                                           | <b>02:50.91</b> | <b>585 pts</b> |
| 50 m : 38.98 (38.98) 100 m : 1:23.49 (44.51) 150 m : 2:09.32 (45.83) 200 m : 2:50.91 (41.59) |                 |                |
| <b>UN PLOËRMEL</b>                                                                           | <b>02:52.47</b> | <b>568 pts</b> |
| 50 m : 38.51 (38.51) 100 m : 1:22.20 (43.69) 150 m : 2:07.36 (45.16) 200 m : 2:52.47 (45.11) |                 |                |
| <b>CN CONCARNEAU</b>                                                                         | <b>02:56.77</b> | <b>522 pts</b> |
| 50 m : 37.88 (37.88) 100 m : 1:22.02 (44.14) 150 m : 2:09.08 (47.06) 200 m : 2:56.77 (47.69) |                 |                |

### 400 Nage Libre Dames - Séries (Dimanche 24 Mars 2019)

|                                                                                                                                                                                              |                 |                |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|----------------|
| <b>1 BIDEAU Evely (2007) F FRA</b>                                                                                                                                                           | <b>05:17.53</b> | <b>813 pts</b> |
| 50 m : 34.84 (34.84) 100 m : 1:14.01 (39.17) 150 m : 1:54.26 (40.25) 200 m : 2:33.91 (39.65) 250 m : 3:14.60 (40.69) 300 m : 3:56.25 (41.65) 350 m : 4:37.68 (41.43) 400 m : 5:17.53 (39.85) |                 |                |
| <b>2 GIBIELLE Lauryne (2006) F FRA</b>                                                                                                                                                       | <b>05:26.26</b> | <b>758 pts</b> |
| 50 m : 37.69 (37.69) 100 m : 1:18.38 (40.69) 150 m : 1:59.29 (40.91) 200 m : 2:40.88 (41.59) 250 m : 3:22.47 (41.59) 300 m : 4:04.86 (42.39) 350 m : 4:46.73 (41.87) 400 m : 5:26.26 (39.53) |                 |                |
| <b>3 MEIGNEN-RETHO Justine (2007) F FRA</b>                                                                                                                                                  | <b>05:28.36</b> | <b>745 pts</b> |
| 50 m : 39.10 (39.10) 100 m : 1:20.75 (41.65) 150 m : 2:02.58 (41.83) 200 m : 2:45.09 (42.51) 250 m : 3:26.94 (41.85) 300 m : 4:07.99 (41.05) 350 m : 4:49.86 (41.87) 400 m : 5:28.36 (38.50) |                 |                |
| <b>4 STRULLU Jade (2007) F FRA</b>                                                                                                                                                           | <b>05:31.25</b> | <b>727 pts</b> |
| 50 m : 37.46 (37.46) 100 m : 1:19.47 (42.01) 150 m : 2:01.99 (42.52) 200 m : 2:45.12 (43.13) 250 m : 3:27.11 (41.99) 300 m : 4:08.90 (41.79) 350 m : 4:50.71 (41.81) 400 m : 5:31.25 (40.54) |                 |                |
| <b>5 PROUTEAU Tiphaine (2007) F FRA</b>                                                                                                                                                      | <b>05:34.83</b> | <b>705 pts</b> |
| 50 m : 39.20 (39.20) 100 m : 1:22.47 (43.27) 150 m : 2:06.20 (43.73) 200 m : 2:49.17 (42.97) 250 m : 3:31.38 (42.21) 300 m : 4:13.63 (42.25) 350 m : 4:55.26 (41.63) 400 m : 5:34.83 (39.57) |                 |                |
| <b>6 NAZE Aurore (2007) F FRA</b>                                                                                                                                                            | <b>05:34.90</b> | <b>704 pts</b> |
| 50 m : 39.15 (39.15) 100 m : 1:21.22 (42.07) 150 m : 2:04.94 (43.72) 200 m : 2:48.37 (43.43) 250 m : 3:31.00 (42.63) 300 m : 4:13.47 (42.47) 350 m : 4:55.47 (42.00) 400 m : 5:34.90 (39.43) |                 |                |
| <b>7 JONCOURT Juliette (2007) F FRA</b>                                                                                                                                                      | <b>05:36.58</b> | <b>694 pts</b> |
| 50 m : 38.30 (38.30) 100 m : 1:19.19 (40.89) 150 m : 2:02.62 (43.43) 200 m : 2:45.96 (43.34) 250 m : 3:30.95 (44.99) 300 m : 4:15.10 (44.15) 350 m : 4:57.01 (41.91) 400 m : 5:36.58 (39.57) |                 |                |
| <b>8 HENG Chloé (2007) F FRA</b>                                                                                                                                                             | <b>05:38.95</b> | <b>680 pts</b> |
| 50 m : 37.89 (37.89) 100 m : 1:19.79 (41.90) 150 m : 2:02.82 (43.03) 200 m : 2:46.87 (44.05) 250 m : 3:29.51 (42.64) 300 m : 4:13.89 (44.38) 350 m : 4:57.91 (44.02) 400 m : 5:38.95 (41.04) |                 |                |
| <b>9 BOUVIER Azheline (2007) F FRA</b>                                                                                                                                                       | <b>05:41.31</b> | <b>666 pts</b> |
| 50 m : 39.29 (39.29) 100 m : 1:22.46 (43.17) 150 m : 2:06.19 (43.73) 200 m : 2:49.43 (43.24) 250 m : 3:32.98 (43.55) 300 m : 4:16.99 (44.01) 350 m : 5:00.11 (43.12) 400 m : 5:41.31 (41.20) |                 |                |
| <b>10 MAURICE Margaux (2007) F FRA</b>                                                                                                                                                       | <b>05:42.89</b> | <b>657 pts</b> |
| 50 m : 40.30 (40.30) 100 m : 1:23.12 (42.82) 150 m : 2:07.38 (44.26) 200 m : 2:50.62 (43.24) 250 m : 3:34.97 (44.35) 300 m : 4:18.81 (43.84) 350 m : 5:01.41 (42.60) 400 m : 5:42.89 (41.48) |                 |                |
| <b>11 HENAFF Louanne (2007) F FRA</b>                                                                                                                                                        | <b>05:43.16</b> | <b>655 pts</b> |
| 50 m : 38.18 (38.18) 100 m : 1:20.19 (42.01) 150 m : 2:03.62 (43.43) 200 m : 2:46.93 (43.31) 250 m : 3:31.16 (44.23) 300 m : 4:15.45 (44.29) 350 m : 5:00.74 (45.29) 400 m : 5:43.16 (42.42) |                 |                |
| <b>12 CORNILLET COCHET Louana (2007) F FRA</b>                                                                                                                                               | <b>05:45.67</b> | <b>641 pts</b> |
| 50 m : 39.60 (39.60) 100 m : 1:22.97 (43.37) 150 m : 2:07.45 (44.48) 200 m : 2:51.50 (44.05) 250 m : 3:35.61 (44.11) 300 m : 4:19.90 (44.29) 350 m : 5:03.27 (43.37) 400 m : 5:45.67 (42.40) |                 |                |
| <b>13 LAMY Ysée (2007) F FRA</b>                                                                                                                                                             | <b>05:47.09</b> | <b>633 pts</b> |
| 50 m : 43.00 (43.00) 100 m : 1:29.00 (46.00) 150 m : 2:08.21 (39.21) 200 m : 2:53.32 (45.11) 250 m : 3:36.53 (43.21) 300 m : 4:20.68 (44.15) 350 m : 5:05.72 (45.04) 400 m : 5:47.09 (41.37) |                 |                |
| <b>14 LECOMTE Juliette (2007) F FRA</b>                                                                                                                                                      | <b>05:47.15</b> | <b>632 pts</b> |
| 50 m : 38.91 (38.91) 100 m : 1:22.33 (43.42) 150 m : 2:06.85 (44.52) 200 m : 2:49.53 (42.68) 250 m : 3:35.16 (45.63) 300 m : 4:20.02 (44.86) 350 m : 5:04.34 (44.32) 400 m : 5:47.15 (42.81) |                 |                |
| <b>15 DREAN Marie (2007) F FRA</b>                                                                                                                                                           | <b>05:50.36</b> | <b>614 pts</b> |
| 50 m : 37.22 (37.22) 100 m : 1:19.03 (41.81) 150 m : 2:03.11 (44.08) 200 m : 2:47.98 (44.87) 250 m : 3:33.17 (45.19) 300 m : 4:18.98 (45.81) 350 m : 5:02.34 (43.36) 400 m : 5:50.36 (48.02) |                 |                |
| <b>16 JULIAN Philippine (2008) F FRA</b>                                                                                                                                                     | <b>05:52.79</b> | <b>601 pts</b> |
| 50 m : 40.66 (40.66) 100 m : 1:24.29 (43.63) 150 m : 2:09.56 (45.27) 200 m : 2:55.17 (45.61) 250 m : 3:40.52 (45.35) 300 m : 4:25.85 (45.33) 350 m : 5:10.84 (44.99) 400 m : 5:52.79 (41.95) |                 |                |
| <b>17 CONTOUR Emma (2007) F FRA</b>                                                                                                                                                          | <b>05:55.78</b> | <b>584 pts</b> |
| 50 m : 40.50 (40.50) 100 m : 1:25.19 (44.69) 150 m : 2:10.42 (45.23) 200 m : 2:55.99 (45.57) 250 m : 3:41.40 (45.41) 300 m : 4:27.23 (45.83) 350 m : 5:12.84 (45.61) 400 m : 5:55.78 (42.94) |                 |                |
| <b>18 BERTAUX Tony-Alya (2008) F FRA</b>                                                                                                                                                     | <b>05:57.06</b> | <b>577 pts</b> |
| 50 m : 40.64 (40.64) 100 m : 1:24.64 (44.00) 150 m : 2:08.92 (44.28) 200 m : 2:53.40 (44.48) 250 m : 3:39.76 (46.36) 300 m : 4:26.57 (46.81) 350 m : 5:13.94 (47.37) 400 m : 5:57.06 (43.12) |                 |                |

### 800 Nage Libre Dames - Séries (Dimanche 24 Mars 2019)

|                                                                                                                                                                                                  |                 |                |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|----------------|
| <b>1 ARQUILLA Leanna (2006) F FRA</b>                                                                                                                                                            | <b>10:27.06</b> | <b>882 pts</b> |
| 50 m : 34.11 (34.11) 100 m : 1:12.28 (38.17) 150 m : 1:51.51 (39.23) 200 m : 2:31.22 (39.71) 250 m : 3:10.52 (39.30) 300 m : 3:50.50 (39.98) 350 m : 4:31.03 (40.53) 400 m : 5:11.00 (39.97)     |                 |                |
| 450 m : 5:51.53 (40.53) 500 m : 6:31.31 (39.78) 550 m : 7:11.13 (39.82) 600 m : 7:51.22 (40.09) 650 m : 8:30.72 (39.50) 700 m : 9:10.75 (40.03) 750 m : 9:50.45 (39.70) 800 m : 10:27.06 (36.61) |                 |                |

# Journée Régionale Yaouanc - Plot 3 - LOUDÉAC (FRA)

Type : Compétitions Régionales diverses - BRETAGNE  
Le Dimanche 24 Mars 2019 - Bassin de : 25 m.

## 800 Nage Libre Dames - Séries (suite)

|                                     |         |         |         |         |                               |         |         |         |         |                 |         |         |         |         |         |          |         |         |          |           |         |          |         |
|-------------------------------------|---------|---------|---------|---------|-------------------------------|---------|---------|---------|---------|-----------------|---------|---------|---------|---------|---------|----------|---------|---------|----------|-----------|---------|----------|---------|
| 2 RIVIERE--BOS Jehanne (2006) F FRA |         |         |         |         | CN BREST                      |         |         |         |         | 10:36.47850 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 36.21   | (36.21) | 100 m : | 1:15.64 | (39.43)                       | 150 m : | 1:55.91 | (40.27) | 200 m : | 2:36.60         | (40.69) | 250 m : | 3:17.01 | (40.41) | 300 m : | 3:57.65  | (40.64) | 350 m : | 4:39.51  | (41.86)   | 400 m : | 5:19.60  | (40.09) |
| 450 m :                             | 6:00.59 | (40.99) | 500 m : | 6:41.59 | (41.00)                       | 550 m : | 7:21.37 | (39.78) | 600 m : | 8:02.16         | (40.79) | 650 m : | 8:41.28 | (39.12) | 700 m : | 9:20.76  | (39.48) | 750 m : | 10:00.49 | (39.73)   | 800 m : | 10:36.47 | (35.98) |
| 3 MALIVET Nolwenn (2006) F FRA      |         |         |         |         | PLOEMEUR NATATION             |         |         |         |         | 10:36.68850 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 34.93   | (34.93) | 100 m : | 1:12.97 | (38.04)                       | 150 m : | 1:52.40 | (39.43) | 200 m : | 2:32.12         | (39.72) | 250 m : | 3:11.80 | (39.68) | 300 m : | 3:51.62  | (39.82) | 350 m : | 4:31.58  | (39.96)   | 400 m : | 5:11.93  | (40.35) |
| 450 m :                             | 5:52.44 | (40.51) | 500 m : | 6:33.09 | (40.65)                       | 550 m : | 7:13.82 | (40.73) | 600 m : | 7:56.00         | (42.18) | 650 m : | 8:37.34 | (41.34) | 700 m : | 9:20.27  | (42.93) | 750 m : | 10:00.60 | (40.33)   | 800 m : | 10:36.68 | (36.08) |
| 4 GAZZERA Ambre (2006) F FRA        |         |         |         |         | CN BREST                      |         |         |         |         | 10:42.07832 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 34.34   | (34.34) | 100 m : | 1:13.46 | (39.12)                       | 150 m : | 1:54.11 | (40.65) | 200 m : | 2:34.95         | (40.84) | 250 m : | 3:15.67 | (40.72) | 300 m : | 3:57.21  | (41.54) | 350 m : | 4:38.06  | (40.85)   | 400 m : | 5:18.77  | (40.71) |
| 450 m :                             | 5:59.80 | (41.03) | 500 m : | 6:41.08 | (41.28)                       | 550 m : | 7:21.86 | (40.78) | 600 m : | 8:03.02         | (41.16) | 650 m : | 8:44.00 | (40.98) | 700 m : | 9:25.03  | (41.03) | 750 m : | 10:05.31 | (40.28)   | 800 m : | 10:42.07 | (36.76) |
| 5 BENFRAJ Myriam (2006) F FRA       |         |         |         |         | DINAN NATATION SAUVETAGE      |         |         |         |         | 10:44.62823 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 36.48   | (36.48) | 100 m : | 1:17.15 | (40.67)                       | 150 m : | 1:58.60 | (41.45) | 200 m : | 2:38.89         | (40.29) | 250 m : | 3:20.72 | (41.83) | 300 m : | 4:01.55  | (40.83) | 350 m : | 4:42.40  | (40.85)   | 400 m : | 5:24.13  | (41.73) |
| 450 m :                             | 6:05.14 | (41.01) | 500 m : | 6:45.63 | (40.49)                       | 550 m : | 7:26.22 | (40.59) | 600 m : | 8:07.13         | (40.91) | 650 m : | 8:47.72 | (40.59) | 700 m : | 9:27.79  | (40.07) | 750 m : | 10:06.96 | (39.17)   | 800 m : | 10:44.62 | (37.66) |
| 6 LAGREE Chloé (2006) F FRA         |         |         |         |         | CN FOUGÈRES                   |         |         |         |         | 10:47.54814 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 35.07   | (35.07) | 100 m : | 1:13.97 | (38.90)                       | 150 m : | 1:54.54 | (40.57) | 200 m : | 2:35.40         | (40.86) | 250 m : | 3:15.86 | (40.46) | 300 m : | 3:57.18  | (41.32) | 350 m : | 4:38.29  | (41.11)   | 400 m : | 5:19.57  | (41.28) |
| 450 m :                             | 6:00.42 | (40.85) | 500 m : | 6:44.52 | (44.10)                       | 550 m : | 7:23.02 | (38.50) | 600 m : | 8:04.00         | (40.98) | 650 m : | 8:45.82 | (41.82) | 700 m : | 9:27.27  | (41.45) | 750 m : | 10:08.80 | (41.53)   | 800 m : | 10:47.54 | (38.74) |
| 7 AUDUTEAU Morgane (2006) F FRA     |         |         |         |         | DOUARNENEZ NATATION           |         |         |         |         | 10:49.65807 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 34.59   | (34.59) | 100 m : | 1:13.46 | (38.87)                       | 150 m : | 1:43.55 | (30.09) | 200 m : | 2:34.02         | (50.47) | 250 m : | 3:15.12 | (41.10) | 300 m : | 3:56.14  | (41.02) | 350 m : | 4:37.23  | (41.09)   | 400 m : | 5:19.40  | (42.17) |
| 450 m :                             | 6:00.56 | (41.16) | 500 m : | 6:42.31 | (41.75)                       | 550 m : | 7:24.09 | (41.78) | 600 m : | 8:06.27         | (42.18) | 650 m : | 8:47.37 | (41.10) | 700 m : | 9:29.66  | (42.29) | 750 m : | 10:50.62 | (1:20.96) | 800 m : | 10:49.65 | ( )     |
| 8 HAMON HALL Yulizh (2006) F FRA    |         |         |         |         | CN BREST                      |         |         |         |         | 10:52.57798 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 37.06   | (37.06) | 100 m : | 1:19.13 | (42.07)                       | 150 m : | 2:00.46 | (41.33) | 200 m : | 2:42.63         | (42.17) | 250 m : | 3:24.20 | (41.57) | 300 m : | 4:06.15  | (41.95) | 350 m : | 4:47.40  | (41.25)   | 400 m : | 5:29.25  | (41.85) |
| 450 m :                             | 6:10.78 | (41.53) | 500 m : | 6:52.57 | (41.79)                       | 550 m : | 7:34.18 | (41.61) | 600 m : | 8:15.67         | (41.49) | 650 m : | 8:57.26 | (41.59) | 700 m : | 9:37.93  | (40.67) | 750 m : | 10:18.48 | (40.55)   | 800 m : | 10:52.57 | (34.09) |
| 9 DEBRABANT Gwenaëlle (2006) F FRA  |         |         |         |         | CN FOUGÈRES                   |         |         |         |         | 10:58.82778 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 36.94   | (36.94) | 100 m : | 1:17.29 | (40.35)                       | 150 m : | 1:58.26 | (40.97) | 200 m : | 2:39.01         | (40.75) | 250 m : | 3:19.06 | (40.05) | 300 m : | 4:00.13  | (41.07) | 350 m : | 4:41.22  | (41.09)   | 400 m : | 5:23.33  | (42.11) |
| 450 m :                             | 6:05.38 | (42.05) | 500 m : | 6:48.13 | (42.75)                       | 550 m : | 7:31.04 | (42.91) | 600 m : | 8:14.07         | (43.03) | 650 m : | 8:54.60 | (40.53) | 700 m : | 9:37.21  | (42.61) | 750 m : | 10:19.54 | (42.33)   | 800 m : | 10:58.82 | (39.28) |
| 10 TREGOUET Elorya (2006) F FRA     |         |         |         |         | OLYMPIQUE CLUB CESSON-SÉVIGNÉ |         |         |         |         | 10:59.92774 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 37.58   | (37.58) | 100 m : | 1:19.51 | (41.93)                       | 150 m : | 2:01.42 | (41.91) | 200 m : | 2:44.02         | (42.60) | 250 m : | 3:25.33 | (41.31) | 300 m : | 4:04.98  | (39.65) | 350 m : | 4:49.30  | (44.32)   | 400 m : | 5:30.84  | (41.54) |
| 450 m :                             | 6:12.77 | (41.93) | 500 m : | 6:54.55 | (41.78)                       | 550 m : | 7:36.08 | (41.53) | 600 m : | 8:18.81         | (42.73) | 650 m : | 9:00.92 | (42.11) | 700 m : | 9:41.06  | (40.14) | 750 m : | 10:22.74 | (41.68)   | 800 m : | 10:59.92 | (37.18) |
| 11 GIRAUDEAU Julia (2006) F FRA     |         |         |         |         | CN BREST                      |         |         |         |         | 11:03.12764 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 37.23   | (37.23) | 100 m : | 1:18.39 | (41.16)                       | 150 m : | 2:00.43 | (42.04) | 200 m : | 2:42.68         | (42.25) | 250 m : | 3:24.16 | (41.48) | 300 m : | 4:06.45  | (42.29) | 350 m : | 4:48.43  | (41.98)   | 400 m : | 5:29.84  | (41.41) |
| 450 m :                             | 6:11.84 | (42.00) | 500 m : | 6:53.38 | (41.54)                       | 550 m : | 7:35.05 | (41.67) | 600 m : | 8:17.91         | (42.86) | 650 m : | 8:54.95 | (37.04) | 700 m : | 9:42.64  | (47.69) | 750 m : | 10:24.93 | (42.29)   | 800 m : | 11:03.12 | (38.19) |
| 12 PANHALEUX Klervie (2006) F FRA   |         |         |         |         | C REDON NATATION              |         |         |         |         | 11:11.92736 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 37.42   | (37.42) | 100 m : | 1:17.58 | (40.16)                       | 150 m : | 1:59.08 | (41.50) | 200 m : | 2:40.68         | (41.60) | 250 m : | 3:22.86 | (42.18) | 300 m : | 4:05.25  | (42.39) | 350 m : | 4:48.02  | (42.77)   | 400 m : | 5:30.68  | (42.66) |
| 450 m :                             | 6:14.14 | (43.46) | 500 m : | 6:56.65 | (42.51)                       | 550 m : | 7:40.08 | (43.43) | 600 m : | 8:23.25         | (43.17) | 650 m : | 9:07.23 | (43.98) | 700 m : | 9:51.30  | (44.07) | 750 m : | 10:32.39 | (41.09)   | 800 m : | 11:11.92 | (39.53) |
| 13 BONIFAS Marie-Ange (2006) F FRA  |         |         |         |         | DINAN NATATION SAUVETAGE      |         |         |         |         | 11:23.79700 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 37.24   | (37.24) | 100 m : | 1:18.60 | (41.36)                       | 150 m : | 2:01.60 | (43.00) | 200 m : | 2:44.69         | (43.09) | 250 m : | 3:27.30 | (42.61) | 300 m : | 4:11.13  | (43.83) | 350 m : | 4:54.31  | (43.18)   | 400 m : | 5:37.60  | (43.29) |
| 450 m :                             | 6:20.84 | (43.24) | 500 m : | 7:04.38 | (43.54)                       | 550 m : | 7:47.66 | (43.28) | 600 m : | 8:31.46         | (43.80) | 650 m : | 9:15.37 | (43.91) | 700 m : | 9:59.99  | (44.62) | 750 m : | 10:42.98 | (42.99)   | 800 m : | 11:23.79 | (40.81) |
| 14 LE BOULCH Léa (2006) F FRA       |         |         |         |         | CN GUINGAMP                   |         |         |         |         | 11:24.90697 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 38.38   | (38.38) | 100 m : | 1:20.07 | (41.69)                       | 150 m : | 2:03.66 | (43.59) | 200 m : | 2:47.27         | (43.61) | 250 m : | 3:30.27 | (43.00) | 300 m : | 4:15.08  | (44.81) | 350 m : | 4:59.13  | (44.05)   | 400 m : | 5:43.61  | (44.48) |
| 450 m :                             | 6:27.83 | (44.22) | 500 m : | 7:11.94 | (44.11)                       | 550 m : | 7:56.49 | (44.55) | 600 m : | 8:40.41         | (43.92) | 650 m : | 9:22.89 | (42.48) | 700 m : | 10:05.20 | (42.31) | 750 m : | 10:46.44 | (41.24)   | 800 m : | 11:24.90 | (38.46) |
| 15 BELLEC Lou-Ann (2006) F FRA      |         |         |         |         | ECN CHARTRES-DE-BRETAGNE      |         |         |         |         | 11:24.95697 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 37.31   | (37.31) | 100 m : | 1:19.25 | (41.94)                       | 150 m : | 2:01.60 | (42.35) | 200 m : | 2:43.52         | (41.92) | 250 m : | 3:26.03 | (42.51) | 300 m : | 4:08.95  | (42.92) | 350 m : | 4:52.20  | (43.25)   | 400 m : | 5:35.97  | (43.77) |
| 450 m :                             | 6:19.66 | (43.69) | 500 m : | 7:03.73 | (44.07)                       | 550 m : | 7:47.74 | (44.01) | 600 m : | 8:31.79         | (44.05) | 650 m : | 9:16.12 | (44.33) | 700 m : | 10:00.51 | (44.39) | 750 m : | 10:43.77 | (43.26)   | 800 m : | 11:24.95 | (41.18) |
| 16 EMERAUD Carla (2006) F FRA       |         |         |         |         | UN PLOËRMEL                   |         |         |         |         | 11:31.59677 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 39.64   | (39.64) | 100 m : | 1:21.46 | (41.82)                       | 150 m : | 2:04.58 | (43.12) | 200 m : | 2:48.19         | (43.61) | 250 m : | 3:32.64 | (44.45) | 300 m : | 4:16.74  | (44.10) | 350 m : | 5:00.95  | (44.21)   | 400 m : | 5:45.21  | (44.26) |
| 450 m :                             | 6:29.61 | (44.40) | 500 m : | 7:13.31 | (43.70)                       | 550 m : | 7:58.36 | (45.05) | 600 m : | 8:43.06         | (44.70) | 650 m : | 9:26.89 | (43.83) | 700 m : | 10:10.36 | (43.47) | 750 m : | 10:54.02 | (43.66)   | 800 m : | 11:31.59 | (37.57) |
| 17 GAUDAIRE Lou-Ann (2006) F FRA    |         |         |         |         | CERCLE DES NAGEURS ST-BRIEUC  |         |         |         |         | 11:52.40617 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 39.82   | (39.82) | 100 m : | 1:24.71 | (44.89)                       | 150 m : | 2:10.63 | (45.92) | 200 m : | 2:55.93         | (45.30) | 250 m : | 3:41.00 | (45.07) | 300 m : | 4:26.32  | (45.32) | 350 m : | 5:11.53  | (45.21)   | 400 m : | 5:57.86  | (46.33) |
| 450 m :                             | 6:43.39 | (45.53) | 500 m : | 7:28.71 | (45.32)                       | 550 m : | 8:14.34 | (45.63) | 600 m : | 8:59.28         | (44.94) | 650 m : | 9:44.39 | (45.11) | 700 m : | 10:28.89 | (44.50) | 750 m : | 11:11.73 | (42.84)   | 800 m : | 11:52.40 | (40.67) |
| 18 GAREL Alais (2007) F FRA         |         |         |         |         | ECN CHARTRES-DE-BRETAGNE      |         |         |         |         | 11:53.73613 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 39.92   | (39.92) | 100 m : | 1:23.91 | (43.99)                       | 150 m : | 2:10.56 | (46.65) | 200 m : | 2:56.59         | (46.03) | 250 m : | 3:42.41 | (45.82) | 300 m : | 4:28.95  | (46.54) | 350 m : | 5:14.78  | (45.83)   | 400 m : | 6:00.50  | (45.72) |
| 450 m :                             | 6:45.59 | (45.09) | 500 m : | 7:31.13 | (45.54)                       | 550 m : | 8:16.95 | (45.82) | 600 m : | 9:02.45         | (45.50) | 650 m : | 9:47.11 | (44.66) | 700 m : | 10:31.59 | (44.48) | 750 m : | 11:14.72 | (43.13)   | 800 m : | 11:53.73 | (39.01) |
| 19 PELARD Sara (2006) F FRA         |         |         |         |         | LORIENT NATATION              |         |         |         |         | 11:55.49608 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 37.56   | (37.56) | 100 m : | 1:20.63 | (43.07)                       | 150 m : | 2:04.09 | (43.46) | 200 m : | 2:49.50         | (45.41) | 250 m : | 3:34.11 | (44.61) | 300 m : | 4:19.22  | (45.11) | 350 m : | 5:06.00  | (46.78)   | 400 m : | 5:53.13  | (47.13) |
| 450 m :                             | 6:39.44 | (46.31) | 500 m : | 7:25.85 | (46.41)                       | 550 m : | 8:12.75 | (46.90) | 600 m : | 8:57.66         | (44.91) | 650 m : | 9:43.73 | (46.07) | 700 m : | 10:29.89 | (46.16) | 750 m : | 11:13.97 | (44.08)   | 800 m : | 11:55.49 | (41.52) |
| 20 LE SAUX Carla (2006) F FRA       |         |         |         |         | CNP LOUDÉAC                   |         |         |         |         | 12:02.69588 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 39.20   | (39.20) | 100 m : | 1:22.57 | (43.37)                       | 150 m : | 2:07.94 | (45.37) | 200 m : | 2:53.55         | (45.61) | 250 m : | 3:39.52 | (45.97) | 300 m : | 4:25.13  | (45.61) | 350 m : | 5:11.02  | (45.89)   | 400 m : | 5:57.03  | (46.01) |
| 450 m :                             | 6:43.42 | (46.39) | 500 m : | 7:28.49 | (45.07)                       | 550 m : | 8:14.96 | (46.47) | 600 m : | 9:01.17         | (46.21) | 650 m : | 9:47.48 | (46.31) | 700 m : | 10:33.45 | (45.97) | 750 m : | 11:19.20 | (45.75)   | 800 m : | 12:02.69 | (43.49) |
| 21 ODY Juliane (2006) F FRA         |         |         |         |         | CNP LOUDÉAC                   |         |         |         |         | 12:04.63582 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 37.51   | (37.51) | 100 m : | 1:21.78 | (44.27)                       | 150 m : | 2:08.06 | (46.28) | 200 m : | 2:54.13         | (46.07) | 250 m : | 3:40.12 | (45.99) | 300 m : | 4:26.40  | (46.28) | 350 m : | 5:13.16  | (46.76)   | 400 m : | 5:59.47  | (46.11) |
| 450 m :                             | 6:44.86 | (45.39) | 500 m : | 7:31.48 | (46.62)                       | 550 m : | 8:18.18 | (46.70) | 600 m : | 9:04.04         | (45.86) | 650 m : | 9:51.02 | (46.98) | 700 m : | 10:35.52 | (44.50) | 750 m : | 11:23.49 | (47.97)   | 800 m : | 12:04.63 | (41.14) |
| 22 LAGREE Meline (2006) F FRA       |         |         |         |         | CN FOUGÈRES                   |         |         |         |         | 12:08.92571 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 38.82   | (38.82) | 100 m : | 1:22.22 | (43.40)                       | 150 m : | 2:06.88 | (44.66) | 200 m : | 2:52.95         | (46.07) | 250 m : | 3:38.60 | (45.65) | 300 m : | 4:25.12  | (46.52) | 350 m : | 5:11.78  | (46.66)   | 400 m : | 5:58.91  | (47.13) |
| 450 m :                             | 6:45.58 | (46.67) | 500 m : | 7:32.33 | (46.75)                       | 550 m : | 8:18.39 | (46.06) | 600 m : | 9:04.82         | (46.43) | 650 m : | 9:50.95 | (45.13) | 700 m : | 10:37.81 | (46.86) | 750 m : | 11:24.24 | (46.43)   | 800 m : | 12:08.92 | (44.68) |
| 23 BOURDON Marie-Alix (2006) F FRA  |         |         |         |         | C PAUL-BERT RENNES            |         |         |         |         | 12:10.78566 pts |         |         |         |         |         |          |         |         |          |           |         |          |         |
| 50 m :                              | 40.71   | (40.71) | 100 m : | 1:26.03 | (45.32)                       | 150 m : | 2:12.02 | (45.99) | 200 m : | 2:58.34         | (46.32) | 250 m : | 3:44.16 | (45.82) | 300 m : | 4:31.16  | (47.00) | 350 m : | 5:17.87  | (46.71)   | 400 m : | 6:04.59  | (46.72) |
| 450 m :                             | 6:50.54 | (45.95) | 500 m : | 7:36.77 | (46.23)                       | 550 m : | 8:22.83 | (46.06) | 600 m : | 9:09.82         | (46.99) | 650 m : | 9:56.54 | (46.72) | 700 m : | 10:42.71 |         |         |          |           |         |          |         |

# Journée Régionale Yaouanc - Plot 3 - LOUDÉAC (FRA)

Type : Compétitions Régionales diverses - BRETAGNE  
Le Dimanche 24 Mars 2019 - Bassin de : 25 m.

## 800 Nage Libre Dames - Séries (suite)

### 29 JAFFRET Alexia (2006) F FRA

### CN GUINGAMP

**12:46.20 474 pts**

50 m : 41.79 (41.79) 100 m : 1:28.27 (46.48) 150 m : 2:15.91 (47.64) 200 m : 3:03.29 (47.38) 250 m : 3:52.74 (49.45) 300 m : 4:39.56 (46.82) 350 m : 5:27.59 (48.03) 400 m : 6:17.06 (49.47)  
450 m : 7:06.80 (49.74) 500 m : 7:56.14 (49.34) 550 m : 8:46.12 (49.98) 600 m : 9:36.11 (49.99) 650 m : 10:25.21 (49.10) 700 m : 11:15.38 (50.17) 750 m : 12:03.15 (47.77) 800 m : 12:46.20 (43.05)

### 30 LE PAPE Maeva (2006) F FRA

### LANNION NATATION

**13:04.24 430 pts**

50 m : 42.58 (42.58) 100 m : 1:29.73 (47.15) 150 m : 2:18.80 (49.07) 200 m : 3:07.39 (48.59) 250 m : 3:56.66 (49.27) 300 m : 4:46.49 (49.83) 350 m : 5:35.96 (49.47) 400 m : 6:26.41 (50.45)  
450 m : 7:15.26 (48.85) 500 m : 8:04.89 (49.63) 550 m : 8:55.18 (50.29) 600 m : 9:46.65 (51.47) 650 m : 10:36.98 (50.33) 700 m : 11:26.51 (49.53) 750 m : 12:15.90 (49.39) 800 m : 13:04.24 (48.34)

## 1500 Nage Libre Dames - Séries (Dimanche 24 Mars 2019)

### 1 GIBIELLE Lauryne (2006) F FRA

### CARHAIX NATATION

**21:58.78 709 pts**

50 m : 39.16 (39.16) 100 m : 1:20.72 (41.56) 150 m : 2:03.49 (42.77) 200 m : 2:46.15 (42.66) 250 m : 3:30.09 (43.94) 300 m : 4:13.60 (43.51) 350 m : 4:57.88 (44.28) 400 m : 5:42.25 (44.37)  
450 m : 6:27.02 (44.77) 500 m : 7:11.68 (44.66) 550 m : 7:56.05 (44.37) 600 m : 8:41.12 (45.07) 650 m : 9:26.19 (45.07) 700 m : 10:10.56 (44.37) 750 m : 10:55.60 (45.04) 800 m : 11:40.34 (44.74)  
850 m : 12:25.73 (45.39) 900 m : 13:10.83 (45.10) 950 m : 13:55.74 (44.91) 1000 m : 14:40.76 (45.02) 1050 m : 15:26.20 (45.44) 1100 m : 16:10.75 (44.55) 1150 m : 16:56.20 (45.45) 1200 m : 17:41.57 (45.37)  
1250 m : --- 1300 m : 19:09.99 (1:28.42) 1350 m : 19:53.82 (43.83) 1400 m : 20:37.28 (43.46) 1450 m : 21:19.99 (42.71) 1500 m : 21:58.78 (38.79)

## 100 Dos Dames - Séries (Dimanche 24 Mars 2019)

### 1 PANHALEUX Klervie (2006) F FRA

### C REDON NATATION

**01:16.52 867 pts**

50 m : 37.52 (37.52) 100 m : 1:16.52 (39.00)

### 2 ARQUILLA Leanna (2006) F FRA

### CN BREST

**01:17.50 844 pts**

50 m : 38.38 (38.38) 100 m : 1:17.50 (39.12)

### 3 LE BOULCH Léa (2006) F FRA

### CN GUINGAMP

**01:18.92 811 pts**

50 m : 38.23 (38.23) 100 m : 1:18.92 (40.69)

### 4 GIRAUDAU Julia (2006) F FRA

### CN BREST

**01:19.36 801 pts**

50 m : 38.33 (38.33) 100 m : 1:19.36 (41.03)

### 5 HENAFF Louanne (2007) F FRA

### CN CHÂTEAULIN

**01:22.04 742 pts**

50 m : 39.20 (39.20) 100 m : 1:22.04 (42.84)

### 6 NAZE Aurore (2007) F FRA

### CERCLE DES NAGEURS ST-BRIEUC

**01:22.28 736 pts**

50 m : 41.04 (41.04) 100 m : 1:22.28 (41.24)

### 7 DREAN Marie (2007) F FRA

### LORIENT NATATION

**01:23.46 711 pts**

50 m : 39.54 (39.54) 100 m : 1:23.46 (43.92)

### 8 GAREL Alaïs (2007) F FRA

### ECN CHARTRES-DE-BRETAGNE

**01:24.06 698 pts**

50 m : 40.59 (40.59) 100 m : 1:24.06 (43.47)

### 9 MAURICE Margaux (2007) F FRA

### CN VANNES

**01:24.23 695 pts**

50 m : 40.88 (40.88) 100 m : 1:24.23 (43.35)

### 10 BERTAUX Tony-Alya (2008) F FRA

### CN GUINGAMP

**01:25.15 675 pts**

50 m : 39.44 (39.44) 100 m : 1:25.15 (45.71)

### 11 LERAY Lucille (2006) F FRA

### ST-MALO NATATION

**01:25.51 668 pts**

50 m : 41.22 (41.22) 100 m : 1:25.51 (44.29)

### 12 LE BODIC Morgann (2006) F FRA

### LANVAUX OC GRANDCHAMP

**01:26.09 656 pts**

50 m : 41.90 (41.90) 100 m : 1:26.09 (44.19)

### 13 JONCOUR Justine (2006) F FRA

### UNION QUIMPER NATATION

**01:26.72 643 pts**

50 m : 40.62 (40.62) 100 m : 1:26.72 (46.10)

### 14 BOUVIER Azheline (2007) F FRA

### DAUPHINS ELORN LANDERNEAU

**01:27.19 633 pts**

50 m : 43.26 (43.26) 100 m : 1:27.19 (43.93)

### 15 MARION Maewenn (2006) F FRA

### UN PLOËRMEL

**01:28.09 615 pts**

50 m : 43.03 (43.03) 100 m : 1:28.09 (45.06)

### --- ODY Juliane (2006) F FRA

### CNP LOUDÉAC

**DSQ**

### --- HAMON HALL Yulizh (2006) F FRA

### CN BREST

**DSQ**

## 200 Dos Dames - Séries (Dimanche 24 Mars 2019)

### 1 MALIVET Nolwenn (2006) F FRA

### PLOEMEUR NATATION

**02:39.68 895 pts**

50 m : 37.52 (37.52) 100 m : 1:18.13 (40.61) 150 m : 1:59.74 (41.61) 200 m : 2:39.68 (39.94)

### 2 PANHALEUX Klervie (2006) F FRA

### C REDON NATATION

**02:42.78 858 pts**

50 m : 38.46 (38.46) 100 m : 1:19.69 (41.23) 150 m : 2:01.52 (41.83) 200 m : 2:42.78 (41.26)

### 3 GAZZERA Ambre (2006) F FRA

### CN BREST

**02:43.02 855 pts**

50 m : 37.32 (37.32) 100 m : 1:18.36 (41.04) 150 m : 2:01.08 (42.72) 200 m : 2:43.02 (41.94)

### 4 DEBRABANT Gwenaëlle (2006) F FRA

### CN FOUGÈRES

**02:45.25 829 pts**

50 m : 38.68 (38.68) 100 m : 1:21.15 (42.47) 150 m : 2:04.36 (43.21) 200 m : 2:45.25 (40.89)

### 5 LAGREE Chloé (2006) F FRA

### CN FOUGÈRES

**02:46.72 812 pts**

50 m : 38.56 (38.56) 100 m : 1:21.17 (42.61) 150 m : 2:04.28 (43.11) 200 m : 2:46.72 (42.44)

### 6 GIRAUDAU Julia (2006) F FRA

### CN BREST

**02:46.81 811 pts**

50 m : 39.04 (39.04) 100 m : 1:21.54 (42.50) 150 m : 2:05.42 (43.88) 200 m : 2:46.81 (41.39)

### 7 ARQUILLA Leanna (2006) F FRA

### CN BREST

**02:47.14 807 pts**

50 m : 40.52 (40.52) 100 m : 1:23.23 (42.71) 150 m : 2:07.04 (43.81) 200 m : 2:47.14 (40.10)

### 8 AUDUTEAU Morgane (2006) F FRA

### DOUARNENEZ NATATION

**02:47.37 804 pts**

50 m : 29.59 (29.59) 100 m : 1:22.22 (52.63) 150 m : 2:05.39 (43.17) 200 m : 2:47.37 (41.98)

### 9 EMERAUD Carla (2006) F FRA

### UN PLOËRMEL

**02:54.10 729 pts**

50 m : 41.75 (41.75) 100 m : 1:25.25 (43.50) 150 m : 2:09.65 (44.40) 200 m : 2:54.10 (44.45)

### 10 ODY Juliane (2006) F FRA

### CNP LOUDÉAC

**02:55.20 717 pts**

50 m : 40.87 (40.87) 100 m : 1:25.24 (44.37) 150 m : 2:11.03 (45.79) 200 m : 2:55.20 (44.17)

### 11 LECOMTE Juliette (2007) F FRA

### LANNION NATATION

**02:55.58 713 pts**

50 m : 41.90 (41.90) 100 m : 1:26.09 (44.19) 150 m : 2:11.60 (45.51) 200 m : 2:55.58 (43.98)

# Journée Régionale Yaouanc - Plot 3 - LOUDÉAC (FRA)

Type : Compétitions Régionales diverses - BRETAGNE  
Le Dimanche 24 Mars 2019 - Bassin de : 25 m.

## 200 Dos Dames - Séries (suite)

- 12 BENFRAJ Myriam (2006) F FRA
- 13 LE BOULCH Léa (2006) F FRA
- 14 PROUTEAU Tiphaine (2007) F FRA
- 15 TREGOUET Elorya (2006) F FRA
- 16 BONIFAS Marie-Ange (2006) F FRA
- 17 LE PAPE Maeva (2006) F FRA
- 18 JAFFRET Alexia (2006) F FRA
- 19 VOSGHIE Maella (2008) F FRA
- 20 BERTAUX Tony-Alya (2008) F FRA
- 21 KOHIL Suzanne (2006) F FRA
- 22 LE BODIC Morgann (2006) F FRA
- 23 MARION Maewenn (2006) F FRA

|                                                                                              |                 |                |
|----------------------------------------------------------------------------------------------|-----------------|----------------|
| <b>DINAN NATATION SAUVETAGE</b>                                                              | <b>02:57.23</b> | <b>696 pts</b> |
| 50 m : 42.30 (42.30) 100 m : 1:27.61 (45.31) 150 m : 2:13.92 (46.31) 200 m : 2:57.23 (43.31) |                 |                |
| <b>CN GUINGAMP</b>                                                                           | <b>02:58.21</b> | <b>685 pts</b> |
| 50 m : 42.15 (42.15) 100 m : 1:28.53 (46.38) 150 m : 2:15.77 (47.24) 200 m : 2:58.21 (42.44) |                 |                |
| <b>LANNION NATATION</b>                                                                      | <b>02:59.00</b> | <b>677 pts</b> |
| 50 m : 42.94 (42.94) 100 m : 1:27.84 (44.90) 150 m : 2:14.53 (46.69) 200 m : 2:59.00 (44.47) |                 |                |
| <b>OLYMPIQUE CLUB CESSON-SÉVIGNÉ</b>                                                         | <b>03:00.50</b> | <b>661 pts</b> |
| 50 m : 43.14 (43.14) 100 m : 1:29.85 (46.71) 150 m : 2:16.76 (46.91) 200 m : 3:00.50 (43.74) |                 |                |
| <b>DINAN NATATION SAUVETAGE</b>                                                              | <b>03:01.20</b> | <b>654 pts</b> |
| 50 m : 43.94 (43.94) 100 m : 1:29.45 (45.51) 150 m : 2:15.41 (45.96) 200 m : 3:01.20 (45.79) |                 |                |
| <b>LANNION NATATION</b>                                                                      | <b>03:04.22</b> | <b>623 pts</b> |
| 50 m : 43.92 (43.92) 100 m : 1:31.24 (47.32) 150 m : 2:18.36 (47.12) 200 m : 3:04.22 (45.86) |                 |                |
| <b>CN GUINGAMP</b>                                                                           | <b>03:04.70</b> | <b>618 pts</b> |
| 50 m : 43.41 (43.41) 100 m : 1:29.78 (46.37) 150 m : 2:18.63 (48.85) 200 m : 3:04.70 (46.07) |                 |                |
| <b>DINARD OLYMPIQUE N</b>                                                                    | <b>03:07.48</b> | <b>591 pts</b> |
| 50 m : 43.74 (43.74) 100 m : 1:31.01 (47.27) 150 m : 2:20.00 (48.99) 200 m : 3:07.48 (47.48) |                 |                |
| <b>CN GUINGAMP</b>                                                                           | <b>03:08.42</b> | <b>582 pts</b> |
| 50 m : 47.51 (47.51) 100 m : 1:35.18 (47.67) 150 m : 2:23.39 (48.21) 200 m : 3:08.42 (45.03) |                 |                |
| <b>CN FOUGÈRES</b>                                                                           | <b>03:09.58</b> | <b>570 pts</b> |
| 50 m : 45.52 (45.52) 100 m : 1:34.28 (48.76) 150 m : 2:22.19 (47.91) 200 m : 3:09.58 (47.39) |                 |                |
| <b>LANVAUX OC GRANDCHAMP</b>                                                                 | <b>03:09.67</b> | <b>570 pts</b> |
| 50 m : 45.44 (45.44) 100 m : 1:34.02 (48.58) 150 m : 2:22.86 (48.84) 200 m : 3:09.67 (46.81) |                 |                |
| <b>UN PLOËRMEL</b>                                                                           | <b>03:10.63</b> | <b>560 pts</b> |
| 50 m : 44.22 (44.22) 100 m : 1:33.25 (49.03) 150 m : 2:22.34 (49.09) 200 m : 3:10.63 (48.29) |                 |                |

## 100 Brasse Dames - Séries (Dimanche 24 Mars 2019)

- 1 DESPINASSE Clemence (2006) F FRA
- 2 JONCOURT Juliette (2007) F FRA
- 3 RIVIERE--BOS Jehanne (2006) F FRA
- 4 HAMON HALL Yulizh (2006) F FRA
- 5 LE ROUX Garance (2006) F FRA
- 6 BOURDON Marie-Alix (2006) F FRA
- 7 PELARD Sara (2006) F FRA
- 8 PIRODDI-MORVAN Marie (2006) F FRA
- 9 BOUVIER Azheline (2007) F FRA
- 10 CORNILLET COCHET Louna (2007) F FRA
- 11 KOHIL Suzanne (2006) F FRA
- 12 HENG Chloé (2007) F FRA
- 13 DREAN Marie (2007) F FRA
- 14 MEIGNEN-RETHO Justine (2007) F FRA
- 15 CONTOUR Emma (2007) F FRA
- 16 LE SAUX Carla (2006) F FRA
- 17 LAGREE Meline (2006) F FRA
- 18 BELLEC Lou-Ann (2006) F FRA
- 19 TREGOUET Elorya (2006) F FRA
- 20 LECOMTE Juliette (2007) F FRA
- 21 LERAY Lucille (2006) F FRA
- 22 COUROT Elodie (2006) F FRA
- 23 HENAFF Louanne (2007) F FRA

|                                              |                 |                |
|----------------------------------------------|-----------------|----------------|
| <b>UNION QUIMPER NATATION</b>                | <b>01:23.77</b> | <b>937 pts</b> |
| 50 m : 38.80 (38.80) 100 m : 1:23.77 (44.97) |                 |                |
| <b>CN BREST</b>                              | <b>01:24.34</b> | <b>925 pts</b> |
| 50 m : 39.32 (39.32) 100 m : 1:24.34 (45.02) |                 |                |
| <b>CN BREST</b>                              | <b>01:24.86</b> | <b>914 pts</b> |
| 50 m : 40.66 (40.66) 100 m : 1:24.86 (44.20) |                 |                |
| <b>CN BREST</b>                              | <b>01:28.74</b> | <b>835 pts</b> |
| 50 m : 42.25 (42.25) 100 m : 1:28.74 (46.49) |                 |                |
| <b>LES NAGEURS DES 3 RIVIERES</b>            | <b>01:30.96</b> | <b>791 pts</b> |
| 50 m : 43.22 (43.22) 100 m : 1:30.96 (47.74) |                 |                |
| <b>C PAUL-BERT RENNES</b>                    | <b>01:31.02</b> | <b>790 pts</b> |
| 50 m : 43.70 (43.70) 100 m : 1:31.02 (47.32) |                 |                |
| <b>LORIENT NATATION</b>                      | <b>01:31.47</b> | <b>781 pts</b> |
| 50 m : 43.37 (43.37) 100 m : 1:31.47 (48.10) |                 |                |
| <b>CN CONCARNEAU</b>                         | <b>01:32.99</b> | <b>752 pts</b> |
| 50 m : 43.18 (43.18) 100 m : 1:32.99 (49.81) |                 |                |
| <b>DAUPHINS ELORN LANDERNEAU</b>             | <b>01:33.03</b> | <b>751 pts</b> |
| 50 m : 44.57 (44.57) 100 m : 1:33.03 (48.46) |                 |                |
| <b>C PAUL-BERT RENNES</b>                    | <b>01:33.06</b> | <b>750 pts</b> |
| 50 m : 44.20 (44.20) 100 m : 1:33.06 (48.86) |                 |                |
| <b>CN FOUGÈRES</b>                           | <b>01:33.70</b> | <b>738 pts</b> |
| 50 m : 43.77 (43.77) 100 m : 1:33.70 (49.93) |                 |                |
| <b>C PAUL-BERT RENNES</b>                    | <b>01:35.03</b> | <b>713 pts</b> |
| 50 m : 45.32 (45.32) 100 m : 1:35.03 (49.71) |                 |                |
| <b>LORIENT NATATION</b>                      | <b>01:35.14</b> | <b>711 pts</b> |
| 50 m : 43.33 (43.33) 100 m : 1:35.14 (51.81) |                 |                |
| <b>CN VANNES</b>                             | <b>01:35.22</b> | <b>710 pts</b> |
| 50 m : 45.45 (45.45) 100 m : 1:35.22 (49.77) |                 |                |
| <b>CN CHÂTEAULIN</b>                         | <b>01:35.28</b> | <b>709 pts</b> |
| 50 m : 45.59 (45.59) 100 m : 1:35.28 (49.69) |                 |                |
| <b>CNP LOUDÉAC</b>                           | <b>01:35.36</b> | <b>707 pts</b> |
| 50 m : 45.42 (45.42) 100 m : 1:35.36 (49.94) |                 |                |
| <b>CN FOUGÈRES</b>                           | <b>01:35.40</b> | <b>706 pts</b> |
| 50 m : 45.60 (45.60) 100 m : 1:35.40 (49.80) |                 |                |
| <b>ECN CHARTRES-DE-BRETAGNE</b>              | <b>01:35.42</b> | <b>706 pts</b> |
| 50 m : 44.80 (44.80) 100 m : 1:35.42 (50.62) |                 |                |
| <b>OLYMPIQUE CLUB CESSON-SÉVIGNÉ</b>         | <b>01:36.04</b> | <b>695 pts</b> |
| 50 m : 45.47 (45.47) 100 m : 1:36.04 (50.57) |                 |                |
| <b>LANNION NATATION</b>                      | <b>01:36.56</b> | <b>685 pts</b> |
| 50 m : 45.95 (45.95) 100 m : 1:36.56 (50.61) |                 |                |
| <b>ST-MALO NATATION</b>                      | <b>01:37.70</b> | <b>665 pts</b> |
| 50 m : 45.78 (45.78) 100 m : 1:37.70 (51.92) |                 |                |
| <b>UNION QUIMPER NATATION</b>                | <b>01:37.79</b> | <b>663 pts</b> |
| 50 m : 46.38 (46.38) 100 m : 1:37.79 (51.41) |                 |                |
| <b>CN CHÂTEAULIN</b>                         | <b>01:38.82</b> | <b>645 pts</b> |
| 50 m : 46.10 (46.10) 100 m : 1:38.82 (52.72) |                 |                |

# Journée Régionale Yaouanc - Plot 3 - LOUDÉAC (FRA)

Type : Compétitions Régionales diverses - BRETAGNE  
Le Dimanche 24 Mars 2019 - Bassin de : 25 m.

## 100 Brasse Dames - Séries (suite)

- 24 GAREL Alaïs (2007) F FRA  
25 GAUDAIRE Lou-Ann (2006) F FRA  
26 ABEGG BOURGEOIS Mathilde (2006) F FRA  
--- STRULLU Jade (2007) F FRA

|                              |                         |         |
|------------------------------|-------------------------|---------|
| ECN CHARTRES-DE-BRETAGNE     | 01:39.54                | 632 pts |
| 50 m : 46.81                 | (46.81) 100 m : 1:39.54 | (52.73) |
| CERCLE DES NAGEURS ST-BRIEUC | 01:41.45                | 599 pts |
| 50 m : 47.46                 | (47.46) 100 m : 1:41.45 | (53.99) |
| C REDON NATATION             | 01:47.18                | 506 pts |
| 50 m : 50.14                 | (50.14) 100 m : 1:47.18 | (57.04) |
| DOUARNENEZ NATATION          | DNS dec                 |         |

## 200 Brasse Dames - Séries (Dimanche 24 Mars 2019)

- 1 JONCOURT Juliette (2007) F FRA  
2 BIDEAU Evy (2007) F FRA  
3 DESPINASSE Clemence (2006) F FRA  
4 PROUTEAU Tiphaine (2007) F FRA  
5 CORNILLET COCHET Louna (2007) F FRA  
6 HENG Chloé (2007) F FRA  
7 BONIFAS Marie-Ange (2006) F FRA  
8 LECOMTE Juliette (2007) F FRA  
9 LAGREE Meline (2006) F FRA  
10 DEBRABANT Gwenaëlle (2006) F FRA  
11 NAZE Aurore (2007) F FRA  
12 LAGREE Chloé (2006) F FRA  
13 GIBIELLE Lauryne (2006) F FRA  
14 VOSGHIE Maella (2008) F FRA

|                              |                         |                         |
|------------------------------|-------------------------|-------------------------|
| CN BREST                     | 03:00.85                | 900 pts                 |
| 50 m : 39.06                 | (39.06) 100 m : 1:23.61 | (44.55) 150 m : 2:12.14 |
| C PAUL-BERT RENNES           | 03:04.39                | 863 pts                 |
| 50 m : 42.07                 | (42.07) 100 m : 1:28.82 | (46.75) 150 m : 2:16.26 |
| UNION QUIMPER NATATION       | 03:06.28                | 844 pts                 |
| 50 m : 39.44                 | (39.44) 100 m : 1:25.37 | (45.93) 150 m : 2:14.46 |
| LANNION NATATION             | 03:13.71                | 770 pts                 |
| 50 m : 43.55                 | (43.55) 100 m : 1:32.73 | (49.18) 150 m : 2:23.45 |
| C PAUL-BERT RENNES           | 03:17.28                | 736 pts                 |
| 50 m : 45.46                 | (45.46) 100 m : 1:35.68 | (50.22) 150 m : 2:26.83 |
| C PAUL-BERT RENNES           | 03:20.05                | 710 pts                 |
| 50 m : 45.53                 | (45.53) 100 m : 1:37.43 | (51.90) 150 m : 2:30.11 |
| DINAN NATATION SAUVETAGE     | 03:20.27                | 708 pts                 |
| 50 m : 44.36                 | (44.36) 100 m : 1:34.59 | (50.23) 150 m : 2:27.72 |
| LANNION NATATION             | 03:22.72                | 685 pts                 |
| 50 m : 44.76                 | (44.76) 100 m : 1:35.88 | (51.12) 150 m : 2:29.80 |
| CN FOUGÈRES                  | 03:24.43                | 669 pts                 |
| 50 m : 46.93                 | (46.93) 100 m : 1:38.94 | (52.01) 150 m : 2:31.71 |
| CN FOUGÈRES                  | 03:24.95                | 665 pts                 |
| 50 m : 46.16                 | (46.16) 100 m : 1:37.97 | (51.81) 150 m : 2:30.69 |
| CERCLE DES NAGEURS ST-BRIEUC | 03:25.27                | 662 pts                 |
| 50 m : 46.54                 | (46.54) 100 m : 1:39.31 | (52.77) 150 m : 2:33.55 |
| CN FOUGÈRES                  | 03:26.26                | 653 pts                 |
| 50 m : 47.20                 | (47.20) 100 m : 1:39.65 | (52.45) 150 m : 2:33.10 |
| CARHAIX NATATION             | 03:30.40                | 616 pts                 |
| 50 m : 45.52                 | (45.52) 100 m : 1:38.82 | (53.30) 150 m : 2:35.84 |
| DINARD OLYMPIQUE N           | 03:39.82                | 537 pts                 |
| 50 m : 47.59                 | (47.59) 100 m : 1:43.50 | (55.91) 150 m : 2:42.08 |

## 100 Papillon Dames - Séries (Dimanche 24 Mars 2019)

- 1 DEBRABANT Gwenaëlle (2006) F FRA  
2 BIDEAU Evy (2007) F FRA  
3 GIRAudeau Julia (2006) F FRA  
4 ARQUILLA Leanna (2006) F FRA  
5 JONCOURT Juliette (2007) F FRA  
6 HAMON HALL Yulizh (2006) F FRA  
7 BOUVIER Azheline (2007) F FRA  
8 LE ROUX Garance (2006) F FRA  
9 JULIAN Philippine (2008) F FRA  
10 MEIGNEN-RETHO Justine (2007) F FRA  
11 CONTOUR Emma (2007) F FRA  
12 NAZE Aurore (2007) F FRA  
13 LE SAUX Carla (2006) F FRA  
14 LERAY Lucille (2006) F FRA  
15 GAREL Alaïs (2007) F FRA  
16 PROUTEAU Tiphaine (2007) F FRA

|                              |                         |         |
|------------------------------|-------------------------|---------|
| CN FOUGÈRES                  | 01:14.10                | 898 pts |
| 50 m : 34.45                 | (34.45) 100 m : 1:14.10 | (39.65) |
| C PAUL-BERT RENNES           | 01:14.92                | 878 pts |
| 50 m : 35.14                 | (35.14) 100 m : 1:14.92 | (39.78) |
| CN BREST                     | 01:17.58                | 814 pts |
| 50 m : 36.81                 | (36.81) 100 m : 1:17.58 | (40.77) |
| CN BREST                     | 01:20.69                | 741 pts |
| 50 m : 37.17                 | (37.17) 100 m : 1:20.69 | (43.52) |
| CN BREST                     | 01:22.72                | 696 pts |
| 50 m : 39.10                 | (39.10) 100 m : 1:22.72 | (43.62) |
| CN BREST                     | 01:23.02                | 689 pts |
| 50 m : 38.96                 | (38.96) 100 m : 1:23.02 | (44.06) |
| DAUPHINS ELORN LANDERNEAU    | 01:23.71                | 674 pts |
| 50 m : 38.54                 | (38.54) 100 m : 1:23.71 | (45.17) |
| LES NAGEURS DES 3 RIVIERES   | 01:24.86                | 650 pts |
| 50 m : 40.48                 | (40.48) 100 m : 1:24.86 | (44.38) |
| C PAUL-BERT RENNES           | 01:25.03                | 646 pts |
| 50 m : 40.23                 | (40.23) 100 m : 1:25.03 | (44.80) |
| CN VANNES                    | 01:25.20                | 642 pts |
| 50 m : 41.07                 | (41.07) 100 m : 1:25.20 | (44.13) |
| CN CHÂTEAULIN                | 01:27.33                | 598 pts |
| 50 m : 40.04                 | (40.04) 100 m : 1:27.33 | (47.29) |
| CERCLE DES NAGEURS ST-BRIEUC | 01:28.19                | 581 pts |
| 50 m : 40.27                 | (40.27) 100 m : 1:28.19 | (47.92) |
| CNP LOUDÉAC                  | 01:28.73                | 570 pts |
| 50 m : 40.77                 | (40.77) 100 m : 1:28.73 | (47.96) |
| ST-MALO NATATION             | 01:28.89                | 567 pts |
| 50 m : 40.32                 | (40.32) 100 m : 1:28.89 | (48.57) |
| ECN CHARTRES-DE-BRETAGNE     | 01:29.01                | 564 pts |
| 50 m : 41.04                 | (41.04) 100 m : 1:29.01 | (47.97) |
| LANNION NATATION             | 01:29.06                | 563 pts |
| 50 m : 41.26                 | (41.26) 100 m : 1:29.06 | (47.80) |

## Journée Régionale Yaouanc - Plot 3 - LOUDÉAC (FRA)

Type : Compétitions Régionales diverses - BRETAGNE  
Le Dimanche 24 Mars 2019 - Bassin de : 25 m.

### 100 Papillon Dames - Séries (suite)

|                                          |                                              |          |         |
|------------------------------------------|----------------------------------------------|----------|---------|
| 17 LAMY Ysée (2007) F FRA                | C PAUL-BERT RENNES                           | 01:30.03 | 544 pts |
|                                          | 50 m : 43.68 (43.68) 100 m : 1:30.03 (46.35) |          |         |
| 18 HENAFF Louanne (2007) F FRA           | CN CHÂTEAULIN                                | 01:30.59 | 534 pts |
|                                          | 50 m : 40.22 (40.22) 100 m : 1:30.59 (50.37) |          |         |
| 19 ODY Juliane (2006) F FRA              | CNP LOUDÉAC                                  | 01:30.76 | 530 pts |
|                                          | 50 m : 39.78 (39.78) 100 m : 1:30.76 (50.98) |          |         |
| 20 ABEGG BOURGEOIS Mathilde (2006) F FRA | C REDON NATATION                             | 01:31.02 | 525 pts |
|                                          | 50 m : 40.66 (40.66) 100 m : 1:31.02 (50.36) |          |         |
| 21 VOSGHIE Maëlla (2008) F FRA           | DINARD OLYMPIQUE N                           | 01:32.62 | 495 pts |
|                                          | 50 m : 41.81 (41.81) 100 m : 1:32.62 (50.81) |          |         |
| 22 HENG Chloé (2007) F FRA               | C PAUL-BERT RENNES                           | 01:34.72 | 457 pts |
|                                          | 50 m : 42.62 (42.62) 100 m : 1:34.72 (52.10) |          |         |

### 200 Papillon Dames - Séries (Dimanche 24 Mars 2019)

|                                  |                                                                                                  |          |         |
|----------------------------------|--------------------------------------------------------------------------------------------------|----------|---------|
| 1 GAZZERA Ambre (2006) F FRA     | CN BREST                                                                                         | 02:49.14 | 774 pts |
|                                  | 50 m : 36.58 (36.58) 100 m : 1:19.73 (43.15) 150 m : 2:04.96 (45.23) 200 m : 2:49.14 (44.18)     |          |         |
| 2 AUDUTEAU Morgane (2006) F FRA  | DOUARNENEZ NATATION                                                                              | 02:50.54 | 758 pts |
|                                  | 50 m : 36.57 (36.57) 100 m : 1:21.37 (44.80) 150 m : 2:07.14 (45.77) 200 m : 2:50.54 (43.40)     |          |         |
| 3 STRULLU Jade (2007) F FRA      | DOUARNENEZ NATATION                                                                              | 03:07.95 | 568 pts |
|                                  | 50 m : 41.87 (41.87) 100 m : 1:31.63 (49.76) 150 m : 2:20.68 (49.05) 200 m : 3:07.95 (47.27)     |          |         |
| 4 MALIVET Nolwenn (2006) F FRA   | PLOEMEUR NATATION                                                                                | 03:18.80 | 463 pts |
|                                  | 50 m : 41.46 (41.46) 100 m : 1:33.25 (51.79) 150 m : 2:29.64 (56.39) 200 m : 3:18.80 (49.16)     |          |         |
| 5 BENFRAJ Myriam (2006) F FRA    | DINAN NATATION SAUVETAGE                                                                         | 03:22.09 | 434 pts |
|                                  | 50 m : 42.55 (42.55) 100 m : 1:34.97 (52.42) 150 m : 2:29.75 (54.78) 200 m : 3:22.09 (52.34)     |          |         |
| 6 LE PAPE Maeva (2006) F FRA     | LANNION NATATION                                                                                 | 03:26.36 | 397 pts |
|                                  | 50 m : 44.72 (44.72) 100 m : 1:39.35 (54.63) 150 m : 2:34.46 (55.11) 200 m : 3:26.36 (51.90)     |          |         |
| 7 KOHIL Suzanne (2006) F FRA     | CN FOUGÈRES                                                                                      | 03:35.44 | 323 pts |
|                                  | 50 m : 46.96 (46.96) 100 m : 1:41.71 (54.75) 150 m : 2:39.74 (58.03) 200 m : 3:35.44 (55.70)     |          |         |
| 8 GAUDAIRE Lou-Ann (2006) F FRA  | CERCLE DES NAGEURS ST-BRIEUC                                                                     | 03:47.83 | 236 pts |
|                                  | 50 m : 47.93 (47.93) 100 m : 1:48.65 (1:00.72) 150 m : 2:49.57 (1:00.92) 200 m : 3:47.83 (58.26) |          |         |
| --- LE ROUX Garance (2006) F FRA | LES NAGEURS DES 3 RIVIERES                                                                       | DNS dec  |         |

### 100 Nage Libre Messieurs - Séries (Dimanche 24 Mars 2019)

|                                       |                                              |          |         |
|---------------------------------------|----------------------------------------------|----------|---------|
| 1 BEAL Alexis (2005) H FRA            | CN BREST                                     | 00:58.27 | 983 pts |
|                                       | 50 m : 27.41 (27.41) 100 m : 58.27 (30.86)   |          |         |
| 2 BLONDEAUX Maël (2005) H FRA         | CN CONCARNEAU                                | 01:01.32 | 890 pts |
|                                       | 50 m : 29.17 (29.17) 100 m : 1:01.32 (32.15) |          |         |
| 3 GUEGNARD Paul-Hugo (2005) H FRA     | C PAUL-BERT RENNES                           | 01:01.52 | 884 pts |
|                                       | 50 m : 29.50 (29.50) 100 m : 1:01.52 (32.02) |          |         |
| 4 LE ROCH Lomig (2005) H FRA          | NC QUESTEMBERT                               | 01:01.82 | 875 pts |
|                                       | 50 m : 29.86 (29.86) 100 m : 1:01.82 (31.96) |          |         |
| 5 GALLAIS Joaquim (2005) H FRA        | C PAUL-BERT RENNES                           | 01:02.06 | 868 pts |
|                                       | 50 m : 29.56 (29.56) 100 m : 1:02.06 (32.50) |          |         |
| 6 BERTAUX Sony (2005) H FRA           | CN GUINGAMP                                  | 01:02.77 | 847 pts |
|                                       | 50 m : 30.00 (30.00) 100 m : 1:02.77 (32.77) |          |         |
| 7 LE GOFF Eden (2005) H FRA           | AURAY NATATION                               | 01:02.78 | 847 pts |
|                                       | 50 m : 29.45 (29.45) 100 m : 1:02.78 (33.33) |          |         |
| 8 BELORY Tom (2005) H FRA             | LORIENT NATATION                             | 01:03.01 | 840 pts |
|                                       | 50 m : 30.50 (30.50) 100 m : 1:03.01 (32.51) |          |         |
| 9 DECOURT Mathéo (2005) H FRA         | LORIENT NATATION                             | 01:03.88 | 815 pts |
|                                       | 50 m : 30.59 (30.59) 100 m : 1:03.88 (33.29) |          |         |
| 10 RAYMOND Pierre-Yves (2005) H FRA   | UNION QUIMPER NATATION                       | 01:04.37 | 801 pts |
|                                       | 50 m : 30.38 (30.38) 100 m : 1:04.37 (33.99) |          |         |
| 11 LE POTTIER Kévin (2006) H FRA      | CNP LOUDÉAC                                  | 01:04.48 | 798 pts |
|                                       | 50 m : 30.68 (30.68) 100 m : 1:04.48 (33.80) |          |         |
| 12 LE HOUX DUSSAPT Axel (2005) H FRA  | CLUB DE NATATION PAIMPOL-GOELO               | 01:04.67 | 793 pts |
|                                       | 50 m : 30.24 (30.24) 100 m : 1:04.67 (34.43) |          |         |
| 13 GROT Maëlan (2005) H FRA           | CN MORLAIX                                   | 01:04.87 | 787 pts |
|                                       | 50 m : 31.36 (31.36) 100 m : 1:04.87 (33.51) |          |         |
| 14 DESRE Antoine (2005) H FRA         | CN VANNES                                    | 01:04.99 | 784 pts |
|                                       | 50 m : 30.52 (30.52) 100 m : 1:04.99 (34.47) |          |         |
| 15 LANDAIS Paul (2005) H FRA          | U.S LIFFREENNE NATATION                      | 01:05.23 | 777 pts |
|                                       | 50 m : 30.86 (30.86) 100 m : 1:05.23 (34.37) |          |         |
| 16 MASSÉ Louis (2005) H FRA           | CN CONCARNEAU                                | 01:05.31 | 775 pts |
|                                       | 50 m : 31.08 (31.08) 100 m : 1:05.31 (34.23) |          |         |
| 17 DREAN Elouan (2005) H FRA          | C PAUL-BERT RENNES                           | 01:05.43 | 772 pts |
|                                       | 50 m : 31.54 (31.54) 100 m : 1:05.43 (33.89) |          |         |
| 18 LE BOT Pierre-Antoine (2005) H FRA | C REDON NATATION                             | 01:05.94 | 757 pts |
|                                       | 50 m : 30.91 (30.91) 100 m : 1:05.94 (35.03) |          |         |
| 19 ALLART Nolann (2005) H FRA         | PLOEMEUR NATATION                            | 01:06.78 | 735 pts |
|                                       | 50 m : 32.34 (32.34) 100 m : 1:06.78 (34.44) |          |         |

# Journée Régionale Yaouanc - Plot 3 - LOUDÉAC (FRA)

Type : Compétitions Régionales diverses - BRETAGNE  
Le Dimanche 24 Mars 2019 - Bassin de : 25 m.

## 100 Nage Libre Messieurs - Séries (suite)

- 20 PLANCHENAU Thomas (2005) H FRA
- 21 ROSAMOND Adam (2006) H FRA
- 22 PEREIRA NETO Lorenzo (2006) H FRA
- 23 ZARAIID Walid (2006) H FRA
- 24 HANO Robin (2005) H FRA
- 25 LE GOFF Maxence (2007) H FRA
- 26 EMMANUEL Adrien (2005) H FRA

|                                              |          |         |
|----------------------------------------------|----------|---------|
| CN LAMBALLE                                  | 01:07.07 | 727 pts |
| 50 m : 31.80 (31.80) 100 m : 1:07.07 (35.27) |          |         |
| ECN CHARTRES-DE-BRETAGNE                     | 01:07.28 | 721 pts |
| 50 m : 32.32 (32.32) 100 m : 1:07.28 (34.96) |          |         |
| UNION QUIMPER NATATION                       | 01:07.64 | 711 pts |
| 50 m : 32.60 (32.60) 100 m : 1:07.64 (35.04) |          |         |
| C PAUL-BERT RENNES                           | 01:07.79 | 707 pts |
| 50 m : 31.59 (31.59) 100 m : 1:07.79 (36.20) |          |         |
| LORIENT NATATION                             | 01:08.62 | 686 pts |
| 50 m : 33.34 (33.34) 100 m : 1:08.62 (35.28) |          |         |
| UNION QUIMPER NATATION                       | 01:10.28 | 643 pts |
| 50 m : 32.69 (32.69) 100 m : 1:10.28 (37.59) |          |         |
| LANVAUX OC GRANDCHAMP                        | 01:12.11 | 597 pts |
| 50 m : 34.00 (34.00) 100 m : 1:12.11 (38.11) |          |         |

## 200 Nage Libre Messieurs - Séries (Dimanche 24 Mars 2019)

- 1 CROCQ Gaspard (2005) H FRA
- 2 GARO Erwan (2005) H FRA
- 3 CAHU Thibault (2005) H FRA
- 4 BEAL Alexis (2005) H FRA
- 5 LABAT Alan (2005) H FRA
- 6 MASSÉ Louis (2005) H FRA
- 7 GALLAIS Joaquim (2005) H FRA
- 8 BERTAUX Sony (2005) H FRA
- 9 GRASSET-NAZABAL Raphaël (2005) H FRA
- 10 CORRE Lucas (2005) H FRA
- 11 RICAUD Elouan (2005) H FRA
- 12 ROSAMOND Adam (2006) H FRA
- 13 DESRE Antoine (2005) H FRA
- 14 LE BOT Pierre-Antoine (2005) H FRA
- 15 PICOT Anatole (2005) H FRA
- 16 DECOURT Mathéo (2005) H FRA
- 17 RIOUAL Milan (2006) H FRA
- 18 BELORY Tom (2005) H FRA
- 19 ZARAIID Walid (2006) H FRA
- 19 JOUAN Lucas (2005) H FRA
- 21 PERAN Noham (2007) H FRA
- 22 LANDAIS Paul (2005) H FRA
- 23 ALLART Nolann (2005) H FRA
- 24 SCHNEPP Glen (2006) H FRA
- 25 HANO Robin (2005) H FRA
- 26 VAN GORKUM Gabin (2006) H FRA
- 27 VENANT David (2005) H FRA
- 28 GUILLEMOT Clément (2005) H FRA

|                                                                                              |          |         |
|----------------------------------------------------------------------------------------------|----------|---------|
| C PAUL-BERT RENNES                                                                           | 02:07.31 | 970 pts |
| 50 m : 29.94 (29.94) 100 m : 1:02.69 (32.75) 150 m : 1:35.76 (33.07) 200 m : 2:07.31 (31.55) |          |         |
| CN BREST                                                                                     | 02:08.32 | 955 pts |
| 50 m : 29.85 (29.85) 100 m : 1:03.07 (33.22) 150 m : 1:36.34 (33.27) 200 m : 2:08.32 (31.98) |          |         |
| ST-MALO NATATION                                                                             | 02:09.31 | 939 pts |
| 50 m : 30.34 (30.34) 100 m : 1:03.15 (32.81) 150 m : 1:36.86 (33.71) 200 m : 2:09.31 (32.45) |          |         |
| CN BREST                                                                                     | 02:12.09 | 897 pts |
| 50 m : 30.51 (30.51) 100 m : 1:04.10 (33.59) 150 m : 1:39.92 (35.82) 200 m : 2:12.09 (32.17) |          |         |
| CERCLE DES NAGEURS ST-BRIEUC                                                                 | 02:15.65 | 845 pts |
| 50 m : 30.90 (30.90) 100 m : 1:05.47 (34.57) 150 m : 1:41.44 (35.97) 200 m : 2:15.65 (34.21) |          |         |
| CN CONCARNEAU                                                                                | 02:16.04 | 839 pts |
| 50 m : 30.64 (30.64) 100 m : 1:05.53 (34.89) 150 m : 1:41.04 (35.51) 200 m : 2:16.04 (35.00) |          |         |
| C PAUL-BERT RENNES                                                                           | 02:16.15 | 838 pts |
| 50 m : 32.02 (32.02) 100 m : 1:05.91 (33.89) 150 m : 1:40.94 (35.03) 200 m : 2:16.15 (35.21) |          |         |
| CN GUINGAMP                                                                                  | 02:20.52 | 776 pts |
| 50 m : 31.85 (31.85) 100 m : 1:07.50 (35.65) 150 m : 1:45.27 (37.77) 200 m : 2:20.52 (35.25) |          |         |
| C PAUL-BERT RENNES                                                                           | 02:21.42 | 763 pts |
| 50 m : 31.19 (31.19) 100 m : 1:07.03 (35.84) 150 m : 1:44.67 (37.64) 200 m : 2:21.42 (36.75) |          |         |
| CN GUINGAMP                                                                                  | 02:23.84 | 730 pts |
| 50 m : 31.56 (31.56) 100 m : 1:07.79 (36.23) 150 m : 1:46.72 (38.93) 200 m : 2:23.84 (37.12) |          |         |
| CN FOUGÈRES                                                                                  | 02:24.19 | 725 pts |
| 50 m : 32.66 (32.66) 100 m : 1:09.41 (36.75) 150 m : 1:47.34 (37.93) 200 m : 2:24.19 (36.85) |          |         |
| ECN CHARTRES-DE-BRETAGNE                                                                     | 02:24.53 | 721 pts |
| 50 m : 32.32 (32.32) 100 m : 1:10.41 (38.09) 150 m : 1:48.96 (38.55) 200 m : 2:24.53 (35.57) |          |         |
| CN VANNES                                                                                    | 02:24.63 | 719 pts |
| 50 m : 32.84 (32.84) 100 m : 1:08.85 (36.01) 150 m : 1:46.04 (37.19) 200 m : 2:24.63 (38.59) |          |         |
| C REDON NATATION                                                                             | 02:25.31 | 710 pts |
| 50 m : 32.58 (32.58) 100 m : 1:09.93 (37.35) 150 m : 1:48.50 (38.57) 200 m : 2:25.31 (36.81) |          |         |
| EN PONTIVY                                                                                   | 02:25.34 | 710 pts |
| 50 m : 32.38 (32.38) 100 m : 1:09.58 (37.20) 150 m : 1:48.47 (38.89) 200 m : 2:25.34 (36.87) |          |         |
| LORIENT NATATION                                                                             | 02:26.09 | 700 pts |
| 50 m : 33.38 (33.38) 100 m : 1:10.61 (37.23) 150 m : 1:49.88 (39.27) 200 m : 2:26.09 (36.21) |          |         |
| UNION QUIMPER NATATION                                                                       | 02:26.10 | 700 pts |
| 50 m : 33.17 (33.17) 100 m : 1:10.79 (37.62) 150 m : 1:49.14 (38.35) 200 m : 2:26.10 (36.96) |          |         |
| LORIENT NATATION                                                                             | 02:26.34 | 697 pts |
| 50 m : 33.56 (33.56) 100 m : 1:10.49 (36.93) 150 m : 1:49.04 (38.55) 200 m : 2:26.34 (37.30) |          |         |
| C PAUL-BERT RENNES                                                                           | 02:26.51 | 694 pts |
| 50 m : 32.88 (32.88) 100 m : 1:10.45 (37.57) 150 m : 1:49.08 (38.63) 200 m : 2:26.51 (37.43) |          |         |
| CERCLE DES NAGEURS ST-BRIEUC                                                                 | 02:26.51 | 694 pts |
| 50 m : 32.80 (32.80) 100 m : 1:10.15 (37.35) 150 m : 1:48.32 (38.17) 200 m : 2:26.51 (38.19) |          |         |
| CN MORLAIX                                                                                   | 02:28.87 | 664 pts |
| 50 m : 34.32 (34.32) 100 m : 1:12.69 (38.37) 150 m : 1:51.87 (39.18) 200 m : 2:28.87 (37.00) |          |         |
| U.S LIFFREENNE NATATION                                                                      | 02:29.48 | 656 pts |
| 50 m : 33.63 (33.63) 100 m : 1:10.74 (37.11) 150 m : 1:49.95 (39.21) 200 m : 2:29.48 (39.53) |          |         |
| PLOEMEUR NATATION                                                                            | 02:31.07 | 636 pts |
| 50 m : 33.96 (33.96) 100 m : 1:13.35 (39.39) 150 m : 1:54.70 (41.35) 200 m : 2:31.07 (36.37) |          |         |
| CN BREST                                                                                     | 02:31.19 | 634 pts |
| 50 m : 35.53 (35.53) 100 m : 1:14.15 (38.62) 150 m : 1:53.79 (39.64) 200 m : 2:31.19 (37.40) |          |         |
| LORIENT NATATION                                                                             | 02:32.20 | 622 pts |
| 50 m : 34.56 (34.56) 100 m : 1:13.72 (39.16) 150 m : 1:53.22 (39.50) 200 m : 2:32.20 (38.98) |          |         |
| OLYMPIQUE CLUB CESSON-SÉVIGNÉ                                                                | 02:33.70 | 603 pts |
| 50 m : 34.60 (34.60) 100 m : 1:14.03 (39.43) 150 m : 1:54.78 (40.75) 200 m : 2:33.70 (38.92) |          |         |
| EN PONTIVY                                                                                   | 02:34.09 | 598 pts |
| 50 m : 35.58 (35.58) 100 m : 1:15.48 (39.90) 150 m : 1:56.25 (40.77) 200 m : 2:34.09 (37.84) |          |         |
| UN PLOËRMEL                                                                                  | 02:34.31 | 596 pts |
| 50 m : 33.05 (33.05) 100 m : 1:11.22 (38.17) 150 m : 1:52.70 (41.48) 200 m : 2:34.31 (41.61) |          |         |

# Journée Régionale Yaouanc - Plot 3 - LOUDÉAC (FRA)

Type : Compétitions Régionales diverses - BRETAGNE  
Le Dimanche 24 Mars 2019 - Bassin de : 25 m.

## 200 Nage Libre Messieurs - Séries (suite)

- 29 CAHU Antoine (2007) H FRA  
30 SIMIER BERROU Romain (2007) H FRA  
31 HOUSSIN Timéo (2006) H FRA  
--- PLOQUIN KEROUREDAN Morgan (2005) H FRA

### ST-MALO NATATION

50 m : 36.02 (36.02) 100 m : 1:15.84 (39.82) 150 m : 1:55.68 (39.84) 200 m : 2:35.30 (39.62)

### CN GUINGAMP

50 m : 36.12 (36.12) 100 m : 1:16.43 (40.31) 150 m : 1:57.60 (41.17) 200 m : 2:37.76 (40.16)

### CERCLE DES NAGEURS ST-BRIEUC

50 m : 35.83 (35.83) 100 m : 1:17.26 (41.43) 150 m : 2:01.62 (44.36) 200 m : 2:45.30 (43.68)

### DOUARNENEZ NATATION

02:35.30 **584 pts**

02:37.76 **554 pts**

02:45.30 **469 pts**

DNS dec

## 400 Nage Libre Messieurs - Séries (Dimanche 24 Mars 2019)

- 1 MASSÉ Louis (2005) H FRA  
50 m : 30.00 (30.00) 100 m : 1:03.91 (33.91) 150 m : 1:39.32 (35.41) 200 m : 2:14.89 (35.57) 250 m : 2:49.74 (34.85) 300 m : 3:25.65 (35.91) 350 m : 4:00.70 (35.05) 400 m : 4:35.39 (34.69)
- 2 CAHU Thibault (2005) H FRA  
50 m : 31.66 (31.66) 100 m : 1:05.87 (34.21) 150 m : 1:41.18 (35.31) 200 m : 2:16.59 (35.41) 250 m : 2:52.16 (35.57) 300 m : 3:27.81 (35.65) 350 m : 4:03.48 (35.67) 400 m : 4:38.68 (35.20)
- 3 BOCHER--MONTAIGNE Artus (2006) H FRA  
50 m : 33.31 (33.31) 100 m : 1:09.85 (36.54) 150 m : 1:47.25 (37.40) 200 m : 2:24.97 (37.72) 250 m : 3:02.66 (37.69) 300 m : 3:40.91 (38.25) 350 m : 4:19.27 (38.36) 400 m : 4:54.53 (35.26)
- 4 LALANNE Siméo (2006) H FRA  
50 m : 34.27 (34.27) 100 m : 1:11.98 (37.71) 150 m : 1:50.10 (38.12) 200 m : 2:29.25 (39.15) 250 m : 3:08.50 (39.25) 300 m : 3:47.48 (38.98) 350 m : 4:26.03 (38.55) 400 m : 5:02.00 (35.97)
- 5 ZARAIID Walid (2006) H FRA  
50 m : 34.12 (34.12) 100 m : 1:12.51 (38.39) 150 m : --- 200 m : 2:29.88 (1:17.37) 250 m : 3:09.25 (39.37) 300 m : 3:48.60 (39.35) 350 m : 4:28.16 (39.56) 400 m : 5:06.46 (38.30)
- 6 LE POTTIER Kevin (2006) H FRA  
50 m : 35.39 (35.39) 100 m : 1:14.45 (39.06) 150 m : 1:54.80 (40.35) 200 m : 2:35.17 (40.37) 250 m : 3:14.61 (39.44) 300 m : 3:53.81 (39.20) 350 m : 4:32.43 (38.62) 400 m : 5:08.56 (36.13)
- 7 SIMON Nathan (2006) H FRA  
50 m : 35.35 (35.35) 100 m : 1:14.78 (39.43) 150 m : 1:54.64 (39.86) 200 m : 2:35.28 (40.64) 250 m : 3:14.28 (39.00) 300 m : 3:53.60 (39.32) 350 m : 4:32.34 (38.74) 400 m : 5:08.65 (36.31)
- 8 SCHNEPP Glen (2006) H FRA  
50 m : 34.00 (34.00) 100 m : 1:12.23 (38.23) 150 m : 1:51.03 (38.80) 200 m : 2:30.71 (29.68) 250 m : 3:10.53 (49.82) 300 m : 3:50.75 (40.22) 350 m : 4:30.73 (39.98) 400 m : 5:08.76 (38.03)
- 9 GAUTIER Lomig (2007) H FRA  
50 m : 37.26 (37.26) 100 m : 1:17.51 (40.25) 150 m : 1:58.80 (41.29) 200 m : 2:39.49 (40.69) 250 m : 3:20.02 (40.53) 300 m : 3:59.39 (39.37) 350 m : 4:38.74 (39.35) 400 m : 5:15.21 (36.47)
- 10 JACOB Marin (2007) H FRA  
50 m : 36.56 (36.56) 100 m : 1:16.28 (39.72) 150 m : 1:57.03 (40.75) 200 m : 2:38.06 (41.03) 250 m : 3:19.61 (41.55) 300 m : 4:00.65 (41.04) 350 m : 4:41.31 (40.66) 400 m : 5:20.33 (39.02)
- 11 PERAN Noham (2007) H FRA  
50 m : 36.22 (36.22) 100 m : 1:16.31 (40.09) 150 m : --- 200 m : 2:38.58 (1:22.27) 250 m : 3:19.89 (41.11) 300 m : 4:00.87 (41.18) 350 m : 4:42.14 (41.27) 400 m : 5:20.86 (38.72)
- 12 GUILLOU-ROBIN Novann (2006) H FRA  
50 m : 37.48 (37.48) 100 m : 1:16.95 (39.47) 150 m : 1:57.95 (41.00) 200 m : 2:39.49 (41.54) 250 m : 3:20.08 (40.59) 300 m : 4:01.43 (41.35) 350 m : 4:42.74 (41.31) 400 m : 5:21.65 (38.91)
- 13 SIMIER BERROU Romain (2007) H FRA  
50 m : 37.10 (37.10) 100 m : 1:17.26 (40.16) 150 m : 1:58.01 (40.75) 200 m : 2:39.31 (41.30) 250 m : 3:20.58 (41.27) 300 m : 4:01.79 (41.21) 350 m : 4:43.10 (41.31) 400 m : 5:21.71 (38.61)
- 14 VAN GORKUM Gabin (2006) H FRA  
50 m : 36.87 (36.87) 100 m : 1:17.84 (40.97) 150 m : 1:59.38 (41.54) 200 m : 2:41.12 (41.74) 250 m : 3:23.46 (42.34) 300 m : 4:06.08 (42.62) 350 m : 4:48.07 (41.99) 400 m : 5:27.25 (39.18)
- 15 HOUSSIN Timéo (2006) H FRA  
50 m : 38.88 (38.88) 100 m : 1:20.97 (42.09) 150 m : 2:04.54 (43.57) 200 m : 2:49.35 (44.81) 250 m : 3:34.88 (45.53) 300 m : 4:21.01 (46.13) 350 m : 5:07.19 (46.18) 400 m : 5:52.11 (44.92)

## 800 Nage Libre Messieurs - Séries (Dimanche 24 Mars 2019)

- 1 CROCQ Gaspard (2005) H FRA  
50 m : 30.48 (30.48) 100 m : 1:04.93 (34.45) 150 m : 1:39.58 (34.65) 200 m : 2:15.07 (35.49) 250 m : 2:50.62 (35.55) 300 m : 3:26.45 (35.83) 350 m : 4:02.54 (36.09) 400 m : 4:38.13 (35.59) 450 m : 5:14.66 (36.53) 500 m : 5:50.87 (36.21) 550 m : 6:26.60 (35.73) 600 m : 7:02.85 (36.25) 650 m : 7:38.70 (35.85) 700 m : 8:14.65 (35.95) 750 m : 8:50.24 (35.59) 800 m : 9:23.78 (33.54)
- 2 MASSÉ Louis (2005) H FRA  
50 m : 30.87 (30.87) 100 m : 1:05.50 (34.63) 150 m : 1:41.68 (36.18) 200 m : 2:18.28 (36.60) 250 m : 2:54.31 (36.03) 300 m : 3:30.76 (36.45) 350 m : 4:07.03 (36.27) 400 m : 4:43.55 (36.52) 450 m : 5:19.49 (35.94) 500 m : 5:56.41 (36.92) 550 m : 6:33.31 (36.90) 600 m : 7:09.90 (36.59) 650 m : 7:46.07 (36.17) 700 m : 8:22.38 (36.31) 750 m : 8:58.84 (36.46) 800 m : 9:32.49 (33.65)
- 3 LABAT Alan (2005) H FRA  
50 m : 31.76 (31.76) 100 m : 1:07.79 (36.03) 150 m : 1:44.95 (37.16) 200 m : 2:21.63 (36.68) 250 m : 2:57.82 (36.19) 300 m : 3:34.51 (36.69) 350 m : 4:11.08 (36.57) 400 m : 4:47.89 (36.81) 450 m : 5:24.90 (37.01) 500 m : 6:01.96 (37.06) 550 m : 6:38.71 (36.75) 600 m : 7:15.06 (36.35) 650 m : 7:51.13 (36.07) 700 m : 8:27.62 (36.49) 750 m : 9:04.29 (36.67) 800 m : 9:39.51 (35.22)
- 4 GARO Erwan (2005) H FRA  
50 m : 32.51 (32.51) 100 m : 1:08.38 (35.87) 150 m : 1:45.19 (36.81) 200 m : 2:22.20 (37.01) 250 m : 2:59.57 (37.37) 300 m : 3:37.64 (38.07) 350 m : 4:15.91 (38.27) 400 m : 4:53.03 (37.12) 450 m : 5:28.88 (35.85) 500 m : 6:04.56 (35.68) 550 m : 6:40.69 (36.13) 600 m : 7:17.75 (37.06) 650 m : 7:54.84 (37.09) 700 m : 8:31.79 (36.95) 750 m : 9:07.25 (35.46) 800 m : 9:40.04 (32.79)
- 5 GALLAIS Joaquin (2005) H FRA  
50 m : 33.09 (33.09) 100 m : 1:08.66 (35.57) 150 m : 1:45.24 (36.58) 200 m : 2:21.40 (36.16) 250 m : 2:57.53 (36.13) 300 m : 3:34.06 (36.53) 350 m : 4:10.84 (36.78) 400 m : 4:47.50 (36.66) 450 m : 5:24.03 (36.53) 500 m : 6:00.60 (36.57) 550 m : 6:37.13 (36.53) 600 m : 7:13.46 (36.33) 650 m : 7:50.67 (37.21) 700 m : 8:26.93 (36.26) 750 m : 9:04.75 (36.26) 800 m : 9:43.20 (38.45)
- 6 AIT MESBAH Sid Ahmed Lounis (2005) H ALG  
50 m : 32.20 (32.20) 100 m : 1:08.28 (36.08) 150 m : 1:44.70 (36.42) 200 m : 2:21.76 (37.06) 250 m : 2:58.75 (36.99) 300 m : 3:36.84 (38.09) 350 m : 4:14.79 (37.95) 400 m : 4:52.28 (37.49) 450 m : 5:29.38 (37.10) 500 m : 6:06.42 (37.04) 550 m : 6:43.88 (37.46) 600 m : 7:21.50 (37.62) 650 m : 7:58.89 (38.39) 700 m : 8:38.34 (38.45) 750 m : 9:16.63 (38.29) 800 m : 9:52.41 (35.78)
- 7 GUEGNARD Paul-Hugo (2005) H FRA  
50 m : 33.94 (33.94) 100 m : 1:11.17 (37.23) 150 m : 1:48.64 (37.47) 200 m : 2:25.87 (37.23) 250 m : 3:03.02 (37.15) 300 m : 3:41.17 (38.15) 350 m : 4:18.96 (37.79) 400 m : 4:56.99 (38.03) 450 m : 5:35.20 (38.21) 500 m : 6:13.85 (38.65) 550 m : 6:51.64 (37.79) 600 m : 7:29.87 (38.23) 650 m : 8:00.00 (30.13) 700 m : 8:45.24 (45.24) 750 m : 9:23.33 (38.09) 800 m : 9:55.04 (31.71)
- 8 PLOQUIN KEROUREDAN Morgan (2005) H FRA  
50 m : 32.23 (32.23) 100 m : 1:07.60 (35.37) 150 m : 1:44.36 (36.76) 200 m : 2:21.10 (36.74) 250 m : 2:58.23 (37.13) 300 m : 3:35.74 (37.51) 350 m : 4:13.80 (38.06) 400 m : 4:51.85 (38.05) 450 m : 5:30.45 (38.60) 500 m : 6:09.20 (38.75) 550 m : 6:48.45 (39.25) 600 m : 7:27.56 (39.11) 650 m : 8:07.48 (39.92) 700 m : 8:46.70 (39.22) 750 m : 9:25.13 (38.43) 800 m : 10:03.68 (38.55)
- 9 BLONDEAUX Maël (2005) H FRA  
50 m : 32.90 (32.90) 100 m : 1:08.56 (35.66) 150 m : 1:45.12 (36.56) 200 m : 2:22.48 (37.36) 250 m : 2:59.58 (37.10) 300 m : 3:38.45 (38.87) 350 m : 4:16.82 (38.37) 400 m : 4:55.76 (38.94) 450 m : 5:35.06 (39.30) 500 m : 6:14.21 (39.15) 550 m : 6:53.52 (39.31) 600 m : 7:33.59 (40.07) 650 m : 8:13.09 (39.50) 700 m : 8:52.92 (39.83) 750 m : 9:31.31 (38.39) 800 m : 10:06.23 (34.92)
- 10 JOUAN Lucas (2005) H FRA  
50 m : 34.39 (34.39) 100 m : 1:12.78 (38.39) 150 m : 1:51.76 (38.98) 200 m : 2:30.31 (38.55) 250 m : 3:09.39 (39.08) 300 m : 3:48.46 (39.07) 350 m : 4:26.74 (38.28) 400 m : 5:05.04 (38.30) 450 m : 5:43.26 (38.22) 500 m : 6:21.81 (38.55) 550 m : 7:00.95 (39.14) 600 m : 7:39.46 (38.51) 650 m : 8:18.89 (39.43) 700 m : 8:57.53 (38.64) 750 m : 9:35.64 (38.11) 800 m : 10:12.28 (36.64)
- 11 DREAN Elouan (2005) H FRA  
50 m : 35.16 (35.16) 100 m : 1:13.68 (38.52) 150 m : 1:53.08 (39.40) 200 m : 2:33.00 (39.92) 250 m : 3:11.84 (38.84) 300 m : 3:51.01 (39.17) 350 m : 4:29.17 (38.16) 400 m : 5:08.91 (39.74) 450 m : 5:48.18 (39.27) 500 m : 6:27.57 (39.39) 550 m : 7:06.70 (39.13) 600 m : 7:45.46 (38.76) 650 m : 8:24.14 (38.68) 700 m : 9:03.20 (39.06) 750 m : 9:41.36 (38.16) 800 m : 10:17.82 (36.46)

# Journée Régionale Yaouanc - Plot 3 - LOUDÉAC (FRA)

Type : Compétitions Régionales diverses - BRETAGNE  
Le Dimanche 24 Mars 2019 - Bassin de : 25 m.

## 800 Nage Libre Messieurs - Séries (suite)

### 12 CORRE Lucas (2005) H FRA

50 m : 35.68 (35.68) 100 m : 1:15.13 (39.45) 150 m : 1:55.53 (40.40) 200 m : 2:35.91 (40.38) 250 m : 3:16.76 (40.85) 300 m : 3:57.21 (40.45) 350 m : 4:38.26 (41.05) 400 m : 5:18.95 (40.69) 450 m : 5:59.25 (40.30) 500 m : 6:39.51 (40.26) 550 m : 7:18.88

### CN GUINGAMP

10:39.02 **698 pts**

### 13 RICAUD Elouan (2005) H FRA

50 m : 35.00 (35.00) 100 m : 1:13.31 (38.31) 150 m : 1:52.87 (39.56) 200 m : 2:32.49 (41.47) 250 m : 3:12.20 (41.66) 300 m : 3:52.80 (40.97) 350 m : 4:34.03 (41.23) 400 m : 5:14.88 (40.85) 450 m : 5:55.84 (40.96) 500 m : 6:37.25 (41.41) 550 m : 7:18.72

### CN FOUGÈRES

10:41.62 **689 pts**

### 14 GRASSET-NAZABAL Raphaël (2005) H FRA

50 m : 33.48 (33.48) 100 m : 1:11.08 (37.60) 150 m : 1:50.34 (39.26) 200 m : 2:20.09 (41.86) 250 m : 3:10.26 (41.28) 300 m : 3:51.60 (40.97) 350 m : 4:32.63 (41.03) 400 m : 5:14.11 (41.48) 450 m : 5:55.21 (41.10) 500 m : 6:36.43 (41.22) 550 m : 7:18.29

### C PAUL-BERT RENNES

10:42.23 **687 pts**

### 15 BERTAUX Sony (2005) H FRA

50 m : 34.26 (34.26) 100 m : 1:13.94 (39.68) 150 m : 1:53.95 (40.01) 200 m : 2:33.59 (40.02) 250 m : 3:14.04 (40.45) 300 m : 3:54.47 (40.43) 350 m : 4:35.10 (40.63) 400 m : 5:15.76 (40.66) 450 m : 5:56.80 (41.04) 500 m : 6:37.34 (40.54) 550 m : 7:18.89

### CN GUINGAMP

10:42.69 **686 pts**

### 16 DESRE Antoine (2005) H FRA

50 m : 33.56 (33.56) 100 m : 1:10.95 (37.39) 150 m : 1:50.98 (40.03) 200 m : 2:31.69 (40.71) 250 m : 3:12.38 (40.69) 300 m : 3:52.75 (40.37) 350 m : 4:33.78 (41.03) 400 m : 5:15.35 (41.57) 450 m : 5:55.14 (39.79) 500 m : 6:39.57 (44.43) 550 m : 7:22.32

### CN VANNES

10:45.58 **677 pts**

### 17 ROSAMOND Adam (2006) H FRA

50 m : 33.26 (33.26) 100 m : 1:15.04 (41.78) 150 m : 1:53.87 (38.83) 200 m : 2:34.80 (41.85) 250 m : 3:16.10 (41.66) 300 m : 3:57.29 (41.19) 350 m : 4:38.63 (41.34) 400 m : 5:20.32 (41.69) 450 m : 6:02.27 (41.95) 500 m : 6:42.95 (40.68) 550 m : 7:24.80

### ECN CHARTRES-DE-BRETAGNE

10:46.35 **674 pts**

### 18 LE ROCH Lomig (2005) H FRA

50 m : 33.32 (33.32) 100 m : 1:11.89 (38.57) 150 m : 1:52.59 (40.70) 200 m : 2:34.31 (42.21) 250 m : 3:15.54 (41.72) 300 m : 3:57.14 (41.60) 350 m : 4:38.64 (41.50) 400 m : 5:20.64 (42.00) 450 m : 6:03.89 (43.25) 500 m : 6:45.74 (41.85) 550 m : 7:27.95

### NC QUESTEMBERT

10:52.87 **654 pts**

### 19 LE GOFF Eden (2005) H FRA

50 m : 35.39 (35.39) 100 m : 1:16.00 (40.61) 150 m : 1:57.69 (41.69) 200 m : 2:39.44 (42.23) 250 m : 3:21.63 (41.75) 300 m : 4:03.53 (42.19) 350 m : 4:45.48 (41.95) 400 m : 5:27.42 (41.94) 450 m : 6:08.84 (41.42) 500 m : 6:51.03 (42.19) 550 m : 7:33.26

### AURAY NATATION

11:03.02 **623 pts**

### 20 CAHU Antoine (2007) H FRA

50 m : 38.68 (38.68) 100 m : 1:19.99 (41.31) 150 m : 2:01.97 (41.98) 200 m : 2:43.82 (41.85) 250 m : 3:25.85 (42.03) 300 m : 4:07.80 (41.95) 350 m : 4:49.73 (41.93) 400 m : 5:32.84 (43.11) 450 m : 6:14.85 (42.01) 500 m : 6:56.30 (41.45) 550 m : 7:38.34

### ST-MALO NATATION

11:06.59 **612 pts**

### 21 LE HOUX DUSSAPT Axel (2005) H FRA

50 m : 35.58 (35.58) 100 m : 1:13.35 (37.77) 150 m : 1:52.94 (39.59) 200 m : 2:34.31 (40.93) 250 m : 3:13.52 (41.71) 300 m : 3:55.23 (41.95) 350 m : 4:37.46 (42.23) 400 m : 5:19.19 (41.73) 450 m : 6:02.72 (43.53) 500 m : 6:41.39 (38.67) 550 m : 7:29.95

### CLUB DE NATATION PAIMPOL-GOËLO

11:07.46 **609 pts**

### 22 HANO Robin (2005) H FRA

50 m : 35.35 (35.35) 100 m : 1:13.15 (37.80) 150 m : 1:54.04 (40.89) 200 m : 2:35.92 (41.88) 250 m : 3:18.40 (42.48) 300 m : 4:00.74 (42.34) 350 m : 4:44.34 (43.60) 400 m : 5:27.19 (42.85) 450 m : 6:10.10 (42.91) 500 m : 6:54.32 (44.22) 550 m : 7:37.47

### LORIENT NATATION

11:08.26 **607 pts**

### 23 DECOURT Mathéo (2005) H FRA

50 m : 35.48 (35.48) 100 m : 1:15.62 (40.14) 150 m : 1:57.43 (41.81) 200 m : 2:39.41 (42.99) 250 m : 3:21.20 (41.98) 300 m : 4:06.02 (44.82) 350 m : 4:46.76 (40.74) 400 m : 5:30.39 (43.63) 450 m : 6:13.46 (43.07) 500 m : 6:56.59 (43.13) 550 m : 7:39.58

### LORIENT NATATION

11:14.03 **590 pts**

### 24 GUILLOU-ROBIN Novann (2006) H FRA

50 m : 38.75 (38.75) 100 m : 1:22.74 (43.99) 150 m : 2:05.71 (42.97) 200 m : 2:48.35 (42.64) 250 m : 3:31.19 (42.84) 300 m : 4:13.59 (42.40) 350 m : 4:56.82 (43.23) 400 m : 5:40.21 (43.39) 450 m : 6:23.57 (43.36) 500 m : 7:05.25 (41.68) 550 m : 7:48.69

### CN GUINGAMP

11:16.57 **582 pts**

### 25 BELORY Tom (2005) H FRA

50 m : 33.70 (33.70) 100 m : --- 150 m : --- 200 m : --- 250 m : 3:16.96 (42.29) 300 m : 4:00.37 (43.41) 350 m : 4:44.00 (43.63) 400 m : 5:28.11 (44.11) 450 m : 6:11.90 (43.79) 500 m : 6:55.71 (43.81) 550 m : 7:39.22

### LORIENT NATATION

11:16.59 **582 pts**

### 26 SIMIER BERROU Romain (2007) H FRA

50 m : 37.76 (37.76) 100 m : 1:19.00 (41.24) 150 m : 2:01.36 (42.36) 200 m : 2:43.78 (42.42) 250 m : 3:27.13 (43.35) 300 m : 4:10.64 (43.51) 350 m : 4:54.13 (43.49) 400 m : 5:37.35 (43.22) 450 m : 6:21.42 (44.07) 500 m : 7:05.64 (44.22) 550 m : 7:49.95

### CN GUINGAMP

11:24.76 **558 pts**

### 27 GUILLEMOT Clément (2005) H FRA

50 m : 36.58 (36.58) 100 m : 1:17.23 (40.65) 150 m : 1:59.36 (42.13) 200 m : 2:42.35 (42.99) 250 m : 3:25.88 (45.19) 300 m : 4:09.89 (44.01) 350 m : 4:53.88 (43.99) 400 m : 5:38.21 (44.33) 450 m : 6:23.78 (45.57) 500 m : 7:08.47 (44.69) 550 m : 7:53.66

### UN PLOËRMEL

11:31.95 **538 pts**

### 28 EMMANUEL Adrien (2005) H FRA

50 m : 36.41 (36.41) 100 m : 1:19.71 (43.30) 150 m : 2:06.60 (46.89) 200 m : 2:54.42 (47.82) 250 m : 3:42.62 (48.20) 300 m : 4:31.66 (49.04) 350 m : 5:20.72 (49.06) 400 m : 6:11.06 (50.34) 450 m : 7:01.98 (50.92) 500 m : 7:52.31 (50.33) 550 m : 8:42.48

### LANVAUX OC GRANDCHAMP

12:35.81 **372 pts**

## 1500 Nage Libre Messieurs - Séries

(Dimanche 24 Mars 2019)

### 1 MORVAN-LEMASSON Nael (2005) H FRA

50 m : 32.90 (32.90) 100 m : 1:10.39 (37.49) 150 m : 1:47.92 (37.53) 200 m : 2:23.91 (35.99) 250 m : 3:00.64 (36.73) 300 m : 3:38.69 (38.05) 350 m : 4:14.58 (35.89) 400 m : 4:52.03 (37.45) 450 m : 5:29.08 (37.05) 500 m : 6:06.85 (37.77) 550 m : 6:44.98 (37.13) 600 m : 7:22.71 (37.73) 650 m : 8:00.64 (37.03) 700 m : 8:38.45 (36.47) 750 m : 9:14.92 (36.47) 800 m : 9:52.41 (37.49) 850 m : 10:31.00 (38.59) 900 m : 11:03.33 (32.33) 950 m : 11:46.12 (37.41) 1000 m : 12:23.47 (36.79) 1050 m : 13:00.12 (36.56) 1100 m : 13:38.61 (36.83) 1150 m : 14:16.76 (38.15) 1200 m : 14:54.07 (37.31)

### CN BREST

18:31.34 **897 pts**

### 2 BEAL Alexis (2005) H FRA

50 m : 35.72 (35.72) 100 m : 1:14.02 (38.30) 150 m : 1:52.66 (40.15) 200 m : 2:31.97 (39.28) 250 m : 3:10.81 (39.15) 300 m : 3:49.85 (38.84) 350 m : 4:29.27 (39.04) 400 m : 5:09.30 (40.03) 450 m : 5:48.41 (39.11) 500 m : 6:28.56 (39.76) 550 m : 7:07.84 (39.76) 600 m : 7:46.99 (39.76) 650 m : 8:26.79 (39.76) 700 m : 9:06.26 (39.76) 750 m : 9:45.75 (39.47) 800 m : 10:25.98 (39.47) 850 m : 11:04.43 (38.99) 900 m : 11:44.19 (39.76) 950 m : 12:23.95 (39.76) 1000 m : 13:03.72 (39.76) 1050 m : 13:43.19 (39.76) 1100 m : 14:22.63 (39.76) 1150 m : 15:01.67 (39.44) 1200 m : 15:41.22 (39.55)

### CN BREST

19:35.60 **782 pts**

### 3 GROT Maëlan (2005) H FRA

50 m : 34.07 (34.07) 100 m : 1:12.62 (38.55) 150 m : 1:51.92 (40.47) 200 m : 2:31.87 (40.47) 250 m : 3:11.80 (40.47) 300 m : 3:52.18 (40.38) 350 m : 4:32.40 (40.22) 400 m : 5:13.42 (41.02) 450 m : 5:53.42 (40.00) 500 m : 6:34.06 (40.64) 550 m : 7:14.53 (40.58) 600 m : 7:54.65 (40.58) 650 m : 8:34.81 (40.58) 700 m : 9:14.72 (41.60) 750 m : 9:54.96 (41.30) 800 m : 10:35.35 (40.39) 850 m : 11:16.02 (40.67) 900 m : 11:56.60 (40.58) 950 m : 12:37.06 (41.06) 1000 m : 13:18.06 (41.44) 1050 m : 13:59.66 (41.06) 1100 m : 14:40.96 (41.30) 1150 m : 15:22.63 (41.67) 1200 m : 16:03.97 (41.34)

### CN MORLAIX

20:09.80 **723 pts**

### 4 VENANT David (2005) H FRA

50 m : 37.05 (37.05) 100 m : 1:16.36 (39.31) 150 m : 1:56.56 (40.20) 200 m : 2:36.27 (39.71) 250 m : 3:17.56 (40.92) 300 m : 3:58.83 (41.29) 350 m : 4:39.31 (41.27) 400 m : 5:19.57 (40.26) 450 m : 6:00.72 (41.15) 500 m : 6:43.09 (42.37) 550 m : 7:24.01 (42.31) 600 m : 8:05.47 (41.34) 650 m : 8:47.09 (40.92) 700 m : 9:29.81 (41.62) 750 m : 10:10.47 (42.72) 800 m : 10:51.63 (41.54) 850 m : 11:32.84 (42.05) 900 m : 12:15.15 (42.31) 950 m : 12:56.49 (40.51) 1000 m : 13:37.40 (40.46) 1050 m : 14:18.12 (40.72) 1100 m : 14:59.66 (41.54) 1150 m : 15:41.03 (41.37) 1200 m : 16:21.22 (40.19)

### EN PONTIVY

20:23.66 **700 pts**

### 5 PICOT Anatole (2005) H FRA

50 m : 25.66 (25.66) 100 m : 1:15.70 (50.04) 150 m : 1:56.66 (40.96) 200 m : 2:36.99 (43.80) 250 m : 3:18.45 (42.65) 300 m : 3:59.78 (43.00) 350 m : 4:40.74 (42.88) 400 m : 5:22.88 (42.88) 450 m : 6:06.38 (43.50) 500 m : 6:50.50 (44.12) 550 m : 7:34.30 (42.52) 600 m : 8:16.95 (42.62) 650 m : 8:59.95 (42.62) 700 m : 9:42.83 (42.10) 750 m : 10:25.98 (41.73) 800 m : 11:09.95 (42.39) 850 m : 11:53.86 (43.91) 900 m : 12:36.38 (41.96) 950 m : 13:19.05 (40.75) 1000 m : 13:59.67 (40.75) 1050 m : 14:43.75 (40.93) 1100 m : 15:25.48 (39.78) 1150 m : 16:07.87 (39.27) 1200 m : 16:50.11 (42.24)

### EN PONTIVY

20:54.72 **650 pts**

### 6 LE BOT Pierre-Antoine (2005) H FRA

50 m : 37.92 (37.92) 100 m : 1:19.33 (41.41) 150 m : 2:01.02 (41.69) 200 m : 2:43.85 (42.83) 250 m : 3:26.00 (43.01) 300 m : 4:07.79 (41.81) 350 m : 4:50.32 (41.79) 400 m : 5:32.60 (42.55) 450 m : 6:15.52 (42.92) 500 m : 6:58.61 (43.09) 550 m : 7:41.62 (42.25) 600 m : 8:24.25 (42.37) 650 m : 9:06.06 (42.63) 700 m : 9:47.89 (41.97) 750 m : 10:29.92 (42.31) 800 m : 11:11.57 (42.31) 850 m : 11:53.60 (42.03) 900 m : 12:35.85 (42.51) 950 m : 13:18.22 (41.61) 1000 m : 13:54.60 (41.29) 1050 m : 14:42.42 (39.38) 1100 m : 15:25.33 (41.35) 1150 m : 16:07.79 (40.38)

### C REDON NATATION

20:55.71 **649 pts**

# Journée Régionale Yaouanc - Plot 3 - LOUDÉAC (FRA)

Type : Compétitions Régionales diverses - BRETAGNE  
Le Dimanche 24 Mars 2019 - Bassin de : 25 m.

## 1500 Nage Libre Messieurs - Séries (suite)

|                                                                                                                                                                                                              |                    |                 |                |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|-----------------|----------------|
| <b>7 JACOB Marin (2007) H FRA</b>                                                                                                                                                                            | <b>CN GUINGAMP</b> | <b>22:20.22</b> | <b>522 pts</b> |
| 50 m : 39.94 (39.94) 100 m : 1:24.86 (44.92) 150 m : 2:09.47 (44.61) 200 m : 2:54.38 (44.91) 250 m : 3:39.13 (44.75) 300 m : 4:23.98 (44.85) 350 m : 5:09.35 (45.37) 400 m : 5:54.39 (45.04)                 |                    |                 |                |
| 450 m : 6:39.88 (45.49) 500 m : 7:25.28 (45.40) 550 m : 8:10.79 (45.51) 600 m : 8:56.75 (45.96) 650 m : 9:42.27 (45.52) 700 m : 10:26.84 (44.57) 750 m : 11:12.66 (45.82) 800 m : 11:58.16 (45.50)           |                    |                 |                |
| 850 m : 12:43.09 (44.93) 900 m : 13:28.72 (45.63) 950 m : 14:14.75 (46.03) 1000 m : 15:00.06 (43.47) 1050 m : 15:44.78 (44.72) 1100 m : 16:29.91 (45.13) 1150 m : 17:15.50 (45.59) 1200 m : 18:00.50 (45.00) |                    |                 |                |
| 1250 m : 18:44.50 (44.00) 1300 m : 19:28.31 (43.81) 1350 m : 20:12.56 (44.25) 1400 m : 20:56.03 (43.47) 1450 m : 21:38.57 (42.54) 1500 m : 22:20.22 (41.65)                                                  |                    |                 |                |

## 100 Dos Messieurs - Séries (Dimanche 24 Mars 2019)

|                                                   |                                     |                                              |                |
|---------------------------------------------------|-------------------------------------|----------------------------------------------|----------------|
| <b>1 AIT MESBAH Sid Ahmed Lounis (2005) H ALG</b> | <b>CN BREST</b>                     | <b>01:05.12</b>                              | <b>967 pts</b> |
|                                                   |                                     | 50 m : 31.79 (31.79) 100 m : 1:05.12 (33.33) |                |
| <b>2 LE ROCH Lomig (2005) H FRA</b>               | <b>NC QUESTEMBERT</b>               | <b>01:07.13</b>                              | <b>915 pts</b> |
|                                                   |                                     | 50 m : 31.96 (31.96) 100 m : 1:07.13 (35.17) |                |
| <b>3 MORVAN-LEMASSON Nael (2005) H FRA</b>        | <b>CN BREST</b>                     | <b>01:08.13</b>                              | <b>890 pts</b> |
|                                                   |                                     | 50 m : 33.27 (33.27) 100 m : 1:08.13 (34.86) |                |
| <b>4 GROT Maëlan (2005) H FRA</b>                 | <b>CN MORLAIX</b>                   | <b>01:11.43</b>                              | <b>809 pts</b> |
|                                                   |                                     | 50 m : 34.48 (34.48) 100 m : 1:11.43 (36.95) |                |
| <b>5 PLANCHENAU Thomas (2005) H FRA</b>           | <b>CN LAMBALLE</b>                  | <b>01:12.52</b>                              | <b>783 pts</b> |
|                                                   |                                     | 50 m : 35.64 (35.64) 100 m : 1:12.52 (36.88) |                |
| <b>6 BLONDEAUX Maël (2005) H FRA</b>              | <b>CN CONCARNEAU</b>                | <b>01:12.85</b>                              | <b>775 pts</b> |
|                                                   |                                     | 50 m : 35.18 (35.18) 100 m : 1:12.85 (37.67) |                |
| <b>7 SALAUN Mathieu (2005) H FRA</b>              | <b>UNION QUIMPER NATATION</b>       | <b>01:12.90</b>                              | <b>774 pts</b> |
|                                                   |                                     | 50 m : 34.22 (34.22) 100 m : 1:12.90 (38.68) |                |
| <b>8 JOUAN Lucas (2005) H FRA</b>                 | <b>CERCLE DES NAGEURS ST-BRIEUC</b> | <b>01:13.26</b>                              | <b>765 pts</b> |
|                                                   |                                     | 50 m : 35.04 (35.04) 100 m : 1:13.26 (38.22) |                |
| <b>9 DREAN Elouan (2005) H FRA</b>                | <b>C PAUL-BERT RENNES</b>           | <b>01:13.88</b>                              | <b>751 pts</b> |
|                                                   |                                     | 50 m : 36.00 (36.00) 100 m : 1:13.88 (37.88) |                |
| <b>10 CORRE Lucas (2005) H FRA</b>                | <b>CN GUINGAMP</b>                  | <b>01:14.06</b>                              | <b>747 pts</b> |
|                                                   |                                     | 50 m : 36.74 (36.74) 100 m : 1:14.06 (37.32) |                |
| <b>11 PEREIRA NETO Lorenzo (2006) H FRA</b>       | <b>UNION QUIMPER NATATION</b>       | <b>01:14.18</b>                              | <b>744 pts</b> |
| <b>12 BOCHER--MONTAIGNE Artus (2006) H FRA</b>    | <b>CN BREST</b>                     | <b>01:14.28</b>                              | <b>742 pts</b> |
|                                                   |                                     | 50 m : 35.78 (35.78) 100 m : 1:14.28 (38.50) |                |
| <b>13 ALLART Nolann (2005) H FRA</b>              | <b>PLOEMEUR NATATION</b>            | <b>01:15.74</b>                              | <b>709 pts</b> |
|                                                   |                                     | 50 m : 36.90 (36.90) 100 m : 1:15.74 (38.84) |                |
| <b>14 LE POTTIER Kévin (2006) H FRA</b>           | <b>CNP LOUDÉAC</b>                  | <b>01:17.44</b>                              | <b>671 pts</b> |
|                                                   |                                     | 50 m : 37.33 (37.33) 100 m : 1:17.44 (40.11) |                |
| <b>15 EMMANUEL Adrien (2005) H FRA</b>            | <b>LANVAUX OC GRANDCHAMP</b>        | <b>01:17.63</b>                              | <b>667 pts</b> |
|                                                   |                                     | 50 m : 36.91 (36.91) 100 m : 1:17.63 (40.72) |                |
| <b>16 LALANNE Siméo (2006) H FRA</b>              | <b>DAUPHINS ELORN LANDERNEAU</b>    | <b>01:17.87</b>                              | <b>662 pts</b> |
|                                                   |                                     | 50 m : 38.61 (38.61) 100 m : 1:17.87 (39.26) |                |
| <b>17 LANDAIS Paul (2005) H FRA</b>               | <b>U.S LIFFREENNE NATATION</b>      | <b>01:17.95</b>                              | <b>660 pts</b> |
|                                                   |                                     | 50 m : 38.02 (38.02) 100 m : 1:17.95 (39.93) |                |
| <b>18 SIMON Nathan (2006) H FRA</b>               | <b>DAUPHINS ELORN LANDERNEAU</b>    | <b>01:18.18</b>                              | <b>655 pts</b> |
|                                                   |                                     | 50 m : 38.31 (38.31) 100 m : 1:18.18 (39.87) |                |
| <b>19 SCHNEPP Glen (2006) H FRA</b>               | <b>CN BREST</b>                     | <b>01:18.38</b>                              | <b>651 pts</b> |
|                                                   |                                     | 50 m : 38.46 (38.46) 100 m : 1:18.38 (39.92) |                |
| <b>20 GUILLEMOT Clément (2005) H FRA</b>          | <b>UN PLOËRMEL</b>                  | <b>01:21.23</b>                              | <b>591 pts</b> |
|                                                   |                                     | 50 m : 39.18 (39.18) 100 m : 1:21.23 (42.05) |                |
| <b>21 HOUSSIN Timéo (2006) H FRA</b>              | <b>CERCLE DES NAGEURS ST-BRIEUC</b> | <b>01:22.21</b>                              | <b>571 pts</b> |
|                                                   |                                     | 50 m : 39.32 (39.32) 100 m : 1:22.21 (42.89) |                |

## 200 Dos Messieurs - Séries (Dimanche 24 Mars 2019)

|                                                 |                                     |                                                                                              |                |
|-------------------------------------------------|-------------------------------------|----------------------------------------------------------------------------------------------|----------------|
| <b>1 GARO Erwan (2005) H FRA</b>                | <b>CN BREST</b>                     | <b>02:23.50</b>                                                                              | <b>916 pts</b> |
|                                                 |                                     | 50 m : 33.54 (33.54) 100 m : 1:10.03 (36.49) 150 m : 1:47.18 (37.15) 200 m : 2:23.50 (36.32) |                |
| <b>2 PLOQUIN KEROUREDAN Morgan (2005) H FRA</b> | <b>DOUARNENEZ NATATION</b>          | <b>02:30.77</b>                                                                              | <b>826 pts</b> |
|                                                 |                                     | 50 m : 33.80 (33.80) 100 m : 1:11.65 (37.85) 150 m : 1:51.00 (39.35) 200 m : 2:30.77 (39.77) |                |
| <b>3 RICAUD Elouan (2005) H FRA</b>             | <b>CN FOUGÈRES</b>                  | <b>02:35.53</b>                                                                              | <b>770 pts</b> |
|                                                 |                                     | 50 m : 36.56 (36.56) 100 m : 1:16.06 (39.50) 150 m : 2:56.39 (1:40.33) 200 m : 2:35.53 (0)   |                |
| <b>4 DREAN Elouan (2005) H FRA</b>              | <b>C PAUL-BERT RENNES</b>           | <b>02:35.78</b>                                                                              | <b>767 pts</b> |
|                                                 |                                     | 50 m : 37.57 (37.57) 100 m : 1:17.20 (39.63) 150 m : 1:57.52 (40.32) 200 m : 2:35.78 (38.26) |                |
| <b>5 VENANT David (2005) H FRA</b>              | <b>EN PONTIVY</b>                   | <b>02:36.58</b>                                                                              | <b>758 pts</b> |
|                                                 |                                     | 50 m : 37.44 (37.44) 100 m : 1:17.66 (40.22) 150 m : 1:58.23 (40.57) 200 m : 2:36.58 (38.35) |                |
| <b>6 JOUAN Lucas (2005) H FRA</b>               | <b>CERCLE DES NAGEURS ST-BRIEUC</b> | <b>02:40.34</b>                                                                              | <b>715 pts</b> |
|                                                 |                                     | 50 m : 37.43 (37.43) 100 m : 1:18.85 (41.42) 150 m : 1:59.74 (40.89) 200 m : 2:40.34 (40.60) |                |
| <b>7 CORRE Lucas (2005) H FRA</b>               | <b>CN GUINGAMP</b>                  | <b>02:40.99</b>                                                                              | <b>708 pts</b> |
|                                                 |                                     | 50 m : 36.90 (36.90) 100 m : 1:17.33 (40.43) 150 m : 2:00.22 (42.89) 200 m : 2:40.99 (40.77) |                |
| <b>8 BOCHER--MONTAIGNE Artus (2006) H FRA</b>   | <b>CN BREST</b>                     | <b>02:42.00</b>                                                                              | <b>697 pts</b> |
|                                                 |                                     | 50 m : 38.52 (38.52) 100 m : 1:19.87 (41.35) 150 m : 2:01.36 (41.49) 200 m : 2:42.00 (40.64) |                |
| <b>9 PICOT Anatole (2005) H FRA</b>             | <b>EN PONTIVY</b>                   | <b>02:44.03</b>                                                                              | <b>674 pts</b> |
|                                                 |                                     | 50 m : 37.72 (37.72) 100 m : 1:19.25 (41.53) 150 m : 2:03.32 (44.07) 200 m : 2:44.03 (40.71) |                |
| <b>10 HANO Robin (2005) H FRA</b>               | <b>LORIENT NATATION</b>             | <b>02:45.14</b>                                                                              | <b>662 pts</b> |
|                                                 |                                     | 50 m : 38.64 (38.64) 100 m : 1:20.87 (42.23) 150 m : 2:03.17 (42.30) 200 m : 2:45.14 (41.97) |                |
| <b>11 GUILLOU-ROBIN Novann (2006) H FRA</b>     | <b>CN GUINGAMP</b>                  | <b>02:47.84</b>                                                                              | <b>634 pts</b> |
|                                                 |                                     | 50 m : 40.88 (40.88) 100 m : 1:23.38 (42.50) 150 m : 2:06.67 (43.29) 200 m : 2:47.84 (41.17) |                |

# Journée Régionale Yaouanc - Plot 3 - LOUDÉAC (FRA)

Type : Compétitions Régionales diverses - BRETAGNE  
Le Dimanche 24 Mars 2019 - Bassin de : 25 m.

## 200 Dos Messieurs - Séries (suite)

|                                   |                                                                                              |          |         |
|-----------------------------------|----------------------------------------------------------------------------------------------|----------|---------|
| 12 BERTAUX Sony (2005) H FRA      | CN GUINGAMP                                                                                  | 02:49.64 | 615 pts |
|                                   | 50 m : 37.60 (37.60) 100 m : 1:19.18 (41.58) 150 m : 2:01.68 (42.50) 200 m : 2:49.64 (47.96) |          |         |
| 13 CAHU Antoine (2007) H FRA      | ST-MALO NATATION                                                                             | 02:50.51 | 606 pts |
|                                   | 50 m : 40.94 (40.94) 100 m : 1:25.17 (44.23) 150 m : 2:08.38 (43.21) 200 m : 2:50.51 (42.13) |          |         |
| 14 GUILLEMOT Clément (2005) H FRA | UN PLOËRMEL                                                                                  | 02:57.59 | 535 pts |
|                                   | 50 m : 42.66 (42.66) 100 m : 1:27.71 (45.05) 150 m : 2:13.52 (45.81) 200 m : 2:57.59 (44.07) |          |         |
| 15 EMMANUEL Adrien (2005) H FRA   | LANVAUX OC GRANDCHAMP                                                                        | 02:57.74 | 533 pts |
|                                   | 50 m : 40.10 (40.10) 100 m : 1:25.55 (45.45) 150 m : 2:14.58 (49.03) 200 m : 2:57.74 (43.16) |          |         |
| 16 JACOB Marin (2007) H FRA       | CN GUINGAMP                                                                                  | 03:05.63 | 460 pts |
|                                   | 50 m : 43.16 (43.16) 100 m : 1:31.61 (48.45) 150 m : 2:20.04 (48.43) 200 m : 3:05.63 (45.59) |          |         |

## 100 Brasse Messieurs - Séries (Dimanche 24 Mars 2019)

|                                            |                                              |          |         |
|--------------------------------------------|----------------------------------------------|----------|---------|
| 1 GUEGNARD Paul-Hugo (2005) H FRA          | C PAUL-BERT RENNES                           | 01:13.13 | 978 pts |
|                                            | 50 m : 34.61 (34.61) 100 m : 1:13.13 (38.52) |          |         |
| 2 CAHU Thibault (2005) H FRA               | ST-MALO NATATION                             | 01:13.97 | 957 pts |
|                                            | 50 m : 35.54 (35.54) 100 m : 1:13.97 (38.43) |          |         |
| 3 GRASSET-NAZABAL Raphaël (2005) H FRA     | C PAUL-BERT RENNES                           | 01:18.33 | 855 pts |
|                                            | 50 m : 36.98 (36.98) 100 m : 1:18.33 (41.35) |          |         |
| 4 RIOUAL Milan (2006) H FRA                | UNION QUIMPER NATATION                       | 01:19.81 | 821 pts |
|                                            | 50 m : 37.71 (37.71) 100 m : 1:19.81 (42.10) |          |         |
| 5 BELORY Tom (2005) H FRA                  | LORIENT NATATION                             | 01:22.13 | 770 pts |
|                                            | 50 m : 39.16 (39.16) 100 m : 1:22.13 (42.97) |          |         |
| 6 LE GOFF Eden (2005) H FRA                | AURAY NATATION                               | 01:22.84 | 755 pts |
|                                            | 50 m : 39.16 (39.16) 100 m : 1:22.84 (43.68) |          |         |
| 7 LABAT Alan (2005) H FRA                  | CERCLE DES NAGEURS ST-BRIEUC                 | 01:22.90 | 753 pts |
|                                            | 50 m : 38.52 (38.52) 100 m : 1:22.90 (44.38) |          |         |
| 8 LANDAIS Paul (2005) H FRA                | U.S LIFFREENNE NATATION                      | 01:24.23 | 725 pts |
|                                            | 50 m : 39.35 (39.35) 100 m : 1:24.23 (44.88) |          |         |
| 9 AIT MESBAH Sid Ahmed Lounis (2005) H ALG | CN BREST                                     | 01:24.56 | 718 pts |
|                                            | 50 m : 40.58 (40.58) 100 m : 1:24.56 (43.98) |          |         |
| 10 DESRE Antoine (2005) H FRA              | CN VANNES                                    | 01:25.13 | 706 pts |
|                                            | 50 m : 39.06 (39.06) 100 m : 1:25.13 (46.07) |          |         |
| 11 LE ROCH Lomig (2005) H FRA              | NC QUESTEMBERT                               | 01:25.28 | 703 pts |
|                                            | 50 m : 39.65 (39.65) 100 m : 1:25.28 (45.63) |          |         |
| 12 ROSAMOND Adam (2006) H FRA              | ECN CHARTRES-DE-BRETAGNE                     | 01:27.71 | 653 pts |
|                                            | 50 m : 40.54 (40.54) 100 m : 1:27.71 (47.17) |          |         |
| 13 LALANNE Siméo (2006) H FRA              | DAUPHINS ELORN LANDERNEAU                    | 01:27.99 | 648 pts |
|                                            | 50 m : 41.76 (41.76) 100 m : 1:27.99 (46.23) |          |         |
| 14 LE HOUX DUSSAPT Axel (2005) H FRA       | CLUB DE NATATION PAIMPOL-GOELO               | 01:29.87 | 611 pts |
|                                            | 50 m : 41.67 (41.67) 100 m : 1:29.87 (48.20) |          |         |
| 15 VAN GORKUM Gabin (2006) H FRA           | OLYMPIQUE CLUB CESSON-SÉVIGNÉ                | 01:30.81 | 593 pts |
|                                            | 50 m : 42.53 (42.53) 100 m : 1:30.81 (48.28) |          |         |
| 16 PEREIRA NETO Lorenzo (2006) H FRA       | UNION QUIMPER NATATION                       | 01:34.02 | 533 pts |
|                                            | 50 m : 44.62 (44.62) 100 m : 1:34.02 (49.40) |          |         |
| 17 SIMIER BERROU Romain (2007) H FRA       | CN GUINGAMP                                  | 01:36.95 | 482 pts |
|                                            | 50 m : 46.46 (46.46) 100 m : 1:36.95 (50.49) |          |         |
| 18 DECOURT Mathéo (2005) H FRA             | LORIENT NATATION                             | 01:38.69 | 452 pts |
|                                            | 50 m : 46.75 (46.75) 100 m : 1:38.69 (51.94) |          |         |
| 19 SIMON Nathan (2006) H FRA               | DAUPHINS ELORN LANDERNEAU                    | 01:41.25 | 411 pts |
|                                            | 50 m : 46.88 (46.88) 100 m : 1:41.25 (54.37) |          |         |
| 20 GAUTIER Lomig (2007) H FRA              | CERCLE DES NAGEURS ST-BRIEUC                 | 01:41.32 | 409 pts |
|                                            | 50 m : 48.28 (48.28) 100 m : 1:41.32 (53.04) |          |         |
| --- PLANCHENAUT Thomas (2005) H FRA        | CN LAMBALLE                                  | DSQ      |         |

## 200 Brasse Messieurs - Séries (Dimanche 24 Mars 2019)

|                                        |                                                                                              |          |         |
|----------------------------------------|----------------------------------------------------------------------------------------------|----------|---------|
| 1 GUEGNARD Paul-Hugo (2005) H FRA      | C PAUL-BERT RENNES                                                                           | 02:38.73 | 937 pts |
|                                        | 50 m : 36.53 (36.53) 100 m : 1:18.25 (41.72) 150 m : 1:59.28 (41.03) 200 m : 2:38.73 (39.45) |          |         |
| 2 CAHU Thibault (2005) H FRA           | ST-MALO NATATION                                                                             | 02:41.52 | 904 pts |
|                                        | 50 m : 37.18 (37.18) 100 m : 1:18.80 (41.62) 150 m : 2:00.21 (41.41) 200 m : 2:41.52 (41.31) |          |         |
| 3 RIOUAL Milan (2006) H FRA            | UNION QUIMPER NATATION                                                                       | 02:48.50 | 824 pts |
|                                        | 50 m : 37.86 (37.86) 100 m : 1:21.36 (43.50) 150 m : 2:05.70 (44.34) 200 m : 2:48.50 (42.80) |          |         |
| 4 GRASSET-NAZABAL Raphaël (2005) H FRA | C PAUL-BERT RENNES                                                                           | 02:50.78 | 799 pts |
|                                        | 50 m : 38.69 (38.69) 100 m : 1:23.34 (44.65) 150 m : 2:07.40 (44.06) 200 m : 2:50.78 (43.38) |          |         |
| 5 BEAL Alexis (2005) H FRA             | CN BREST                                                                                     | 02:57.48 | 727 pts |
|                                        | 50 m : 39.98 (39.98) 100 m : 1:25.67 (45.69) 150 m : 2:11.95 (46.28) 200 m : 2:57.48 (45.53) |          |         |
| 6 PICOT Anatole (2005) H FRA           | EN PONTIVY                                                                                   | 03:06.90 | 631 pts |
|                                        | 50 m : 39.55 (39.55) 100 m : 1:28.27 (48.72) 150 m : 2:18.70 (50.43) 200 m : 3:06.90 (48.20) |          |         |
| 7 GUILLOU-ROBIN Novann (2006) H FRA    | CN GUINGAMP                                                                                  | 03:12.32 | 579 pts |
|                                        | 50 m : 43.87 (43.87) 100 m : 1:33.30 (49.43) 150 m : 2:24.42 (51.12) 200 m : 3:12.32 (47.90) |          |         |
| 8 VAN GORKUM Gabin (2006) H FRA        | OLYMPIQUE CLUB CESSON-SÉVIGNÉ                                                                | 03:12.45 | 578 pts |
|                                        | 50 m : 43.00 (43.00) 100 m : 1:32.95 (49.95) 150 m : 2:22.88 (49.93) 200 m : 3:12.45 (49.57) |          |         |

# Journée Régionale Yaouanc - Plot 3 - LOUDÉAC (FRA)

Type : Compétitions Régionales diverses - BRETAGNE  
Le Dimanche 24 Mars 2019 - Bassin de : 25 m.

## 200 Brasse Messieurs - Séries (suite)

|                                        |                                                                                              |          |         |
|----------------------------------------|----------------------------------------------------------------------------------------------|----------|---------|
| 9 VENANT David (2005) H FRA            | EN PONTIVY                                                                                   | 03:17.47 | 532 pts |
|                                        | 50 m : 44.44 (44.44) 100 m : 1:34.44 (50.00) 150 m : 2:26.83 (52.39) 200 m : 3:17.47 (50.64) |          |         |
| 10 JACOB Marin (2007) H FRA            | CN GUINGAMP                                                                                  | 03:20.05 | 509 pts |
|                                        | 50 m : 44.56 (44.56) 100 m : 1:36.33 (51.77) 150 m : 2:28.60 (52.27) 200 m : 3:20.05 (51.45) |          |         |
| 11 HOUSSIN Timéo (2006) H FRA          | CERCLE DES NAGEURS ST-BRIEUC                                                                 | 03:24.51 | 471 pts |
|                                        | 50 m : 44.58 (44.58) 100 m : 1:35.63 (51.05) 150 m : 2:29.94 (54.31) 200 m : 3:24.51 (54.57) |          |         |
| 12 GAUTIER Lomig (2007) H FRA          | CERCLE DES NAGEURS ST-BRIEUC                                                                 | 03:29.82 | 427 pts |
|                                        | 50 m : 47.48 (47.48) 100 m : 1:42.07 (54.59) 150 m : 2:37.06 (54.99) 200 m : 3:29.82 (52.76) |          |         |
| --- LE BOT Pierre-Antoine (2005) H FRA | C REDON NATATION                                                                             | DNS dec  |         |

## 100 Papillon Messieurs - Séries (Dimanche 24 Mars 2019)

|                                            |                                              |          |         |
|--------------------------------------------|----------------------------------------------|----------|---------|
| 1 MORVAN-LEMASSON Nael (2005) H FRA        | CN BREST                                     | 01:05.06 | 957 pts |
|                                            | 50 m : 30.31 (30.31) 100 m : 1:05.06 (34.75) |          |         |
| 2 CROCQ Gaspard (2005) H FRA               | C PAUL-BERT RENNES                           | 01:05.41 | 948 pts |
|                                            | 50 m : 30.56 (30.56) 100 m : 1:05.41 (34.85) |          |         |
| 3 AIT MESBAH Sid Ahmed Lounis (2005) H ALG | CN BREST                                     | 01:06.48 | 920 pts |
|                                            | 50 m : 31.62 (31.62) 100 m : 1:06.48 (34.86) |          |         |
| 4 RAYMOND Pierre-Yves (2005) H FRA         | UNION QUIMPER NATATION                       | 01:09.97 | 831 pts |
|                                            | 50 m : 31.65 (31.65) 100 m : 1:09.97 (38.32) |          |         |
| 5 BLONDEAUX Maël (2005) H FRA              | CN CONCARNEAU                                | 01:10.14 | 827 pts |
|                                            | 50 m : 31.98 (31.98) 100 m : 1:10.14 (38.16) |          |         |
| 6 SALAUN Mathieu (2005) H FRA              | UNION QUIMPER NATATION                       | 01:10.65 | 814 pts |
|                                            | 50 m : 33.03 (33.03) 100 m : 1:10.65 (37.62) |          |         |
| 7 LE GOFF Eden (2005) H FRA                | AURAY NATATION                               | 01:14.16 | 730 pts |
|                                            | 50 m : 34.91 (34.91) 100 m : 1:14.16 (39.25) |          |         |
| 8 GALLAIS Joaquim (2005) H FRA             | C PAUL-BERT RENNES                           | 01:15.00 | 711 pts |
|                                            | 50 m : 34.52 (34.52) 100 m : 1:15.00 (40.48) |          |         |
| 9 BOCHER--MONTAIGNE Artus (2006) H FRA     | CN BREST                                     | 01:17.23 | 661 pts |
|                                            | 50 m : 37.03 (37.03) 100 m : 1:17.23 (40.20) |          |         |
| 10 SCHNEPP Glen (2006) H FRA               | CN BREST                                     | 01:17.34 | 658 pts |
|                                            | 50 m : 35.29 (35.29) 100 m : 1:17.34 (42.05) |          |         |
| 11 LE GOFF Maxence (2007) H FRA            | UNION QUIMPER NATATION                       | 01:18.99 | 622 pts |
|                                            | 50 m : 36.39 (36.39) 100 m : 1:18.99 (42.60) |          |         |
| 11 LE POTTIER Kévin (2006) H FRA           | CNP LOUDÉAC                                  | 01:18.99 | 622 pts |
|                                            | 50 m : 34.02 (34.02) 100 m : 1:18.99 (44.97) |          |         |
| 13 ALLART Nolann (2005) H FRA              | PLOEMEUR NATATION                            | 01:19.38 | 614 pts |
|                                            | 50 m : 35.70 (35.70) 100 m : 1:19.38 (43.68) |          |         |
| 14 ZARAIID Walid (2006) H FRA              | C PAUL-BERT RENNES                           | 01:20.23 | 596 pts |
|                                            | 50 m : 36.46 (36.46) 100 m : 1:20.23 (43.77) |          |         |
| 15 SIMON Nathan (2006) H FRA               | DAUPHINS ELORN LANDERNEAU                    | 01:21.06 | 579 pts |
|                                            | 50 m : 37.50 (37.50) 100 m : 1:21.06 (43.56) |          |         |
| 16 GROT Maëlan (2005) H FRA                | CN MORLAIX                                   | 01:22.16 | 556 pts |
|                                            | 50 m : 35.45 (35.45) 100 m : 1:22.16 (46.71) |          |         |
| 17 PLANCHENAU Thomas (2005) H FRA          | CN LAMBALLE                                  | 01:27.70 | 450 pts |
|                                            | 50 m : 39.87 (39.87) 100 m : 1:27.70 (47.83) |          |         |
| 18 LE HOUX DUSSAPT Axel (2005) H FRA       | CLUB DE NATATION PAIMPOL-GOELO               | 01:29.00 | 426 pts |
|                                            | 50 m : 39.47 (39.47) 100 m : 1:29.00 (49.53) |          |         |
| 19 GAUTIER Lomig (2007) H FRA              | CERCLE DES NAGEURS ST-BRIEUC                 | 01:29.11 | 424 pts |
|                                            | 50 m : 40.58 (40.58) 100 m : 1:29.11 (48.53) |          |         |
| 20 LALANNE Siméo (2006) H FRA              | DAUPHINS ELORN LANDERNEAU                    | 01:34.20 | 339 pts |
|                                            | 50 m : 42.57 (42.57) 100 m : 1:34.20 (51.63) |          |         |

## 200 Papillon Messieurs - Séries (Dimanche 24 Mars 2019)

|                                          |                                                                                              |          |         |
|------------------------------------------|----------------------------------------------------------------------------------------------|----------|---------|
| 1 GARO Erwan (2005) H FRA                | CN BREST                                                                                     | 02:23.34 | 928 pts |
|                                          | 50 m : 32.94 (32.94) 100 m : 1:10.05 (37.11) 150 m : 2:47.69 (1:37.64) 200 m : 2:23.34 ( )   |          |         |
| 2 CROCQ Gaspard (2005) H FRA             | C PAUL-BERT RENNES                                                                           | 02:24.36 | 915 pts |
|                                          | 50 m : 31.96 (31.96) 100 m : 1:08.65 (36.69) 150 m : 1:46.90 (38.25) 200 m : 2:24.36 (37.46) |          |         |
| 3 MORVAN-LEMASSON Nael (2005) H FRA      | CN BREST                                                                                     | 02:27.81 | 870 pts |
|                                          | 50 m : 33.46 (33.46) 100 m : 1:11.45 (37.99) 150 m : 1:50.58 (39.13) 200 m : 2:27.81 (37.23) |          |         |
| 4 LABAT Alan (2005) H FRA                | CERCLE DES NAGEURS ST-BRIEUC                                                                 | 02:41.71 | 701 pts |
|                                          | 50 m : 35.75 (35.75) 100 m : 1:17.22 (41.47) 150 m : 1:59.75 (42.53) 200 m : 2:41.71 (41.96) |          |         |
| 5 PLOQUIN KEROUREDAN Morgan (2005) H FRA | DOUARNENEZ NATATION                                                                          | 02:50.90 | 600 pts |
|                                          | 50 m : 36.44 (36.44) 100 m : 1:19.73 (43.29) 150 m : 2:05.52 (45.79) 200 m : 2:50.90 (45.38) |          |         |
| 6 CAHU Antoine (2007) H FRA              | ST-MALO NATATION                                                                             | 02:56.15 | 546 pts |
|                                          | 50 m : 39.09 (39.09) 100 m : 1:23.39 (44.30) 150 m : 2:09.75 (46.36) 200 m : 2:56.15 (46.40) |          |         |
| 7 RICAUD Elouan (2005) H FRA             | CN FOUGÈRES                                                                                  | 03:07.50 | 437 pts |
|                                          | 50 m : 39.12 (39.12) 100 m : 1:26.81 (47.69) 150 m : 2:17.68 (50.87) 200 m : 3:07.50 (49.82) |          |         |

### Les codes des disqualifications ou des forfaits

DSQ : Disqualifié DNF : Abandon DNS : Forfait DNS dec : Forfait déclaré Epr nc : Epreuve non courue